

## Life of the nenets reindeer herders — Detailed description

Trip Length: 4 Group: 5-7 Departure: Fixed Period: December - January

### Trip overview

When you reach the Nenets Autonomous Okrug, you find yourself in the lost world of the endless tundra. At all times this territory was inhabited by the aboriginal people – the Nenets. Over the years the Nenets people created an original culture that is adapted for the peculiarities of the life in the Arctic region.

During this tour you will visit the chum (reindeer skin tent) and even will stay there for a night, get acquaintance with the traditions, legends and myths of the Nenets. You will snowmobile to the Nenets nomad camp where you will feed the reindeers. Moreover, you will visit the ethnographic museum and the capital of the Nenets Autonomous Okrug – Naryan-Mar city.

This tour is a good possibility to escape the noisy city, to have a refreshing rest and following the example of the indigenous people to live in harmony with yourself!

This trip takes place completely beyond the Arctic Circle, so there is a very good chance that our evenings will be animated by a magical spectacle of the Northern Lights!

### Highlights

- Visit of the Nenets nomad camp
- Overnight in a traditional Nenets tipi with a local family
- Possibility to watch northern lights
- Acquaintance with the Nenets culture
- Tasting of the Nenets cuisine
- Snowmobiling through the snowy tundra

### Tour type

DISCOVERYNATURE

### Difficulty

Moderately Easy - 1-3 hours of physical activity daily

### Comfort

Upgraded — all nights in comfortable rooms.

### Begining / end of the tour

Tour starts: Naryan-Mar, End of the tour: Naryan-Mar

### Program

#### Day 1 — Arrival to the Nenets Autonomous Okrug

12:40 — Meeting in the airport and transfer to the hotel

13:00 — Lunch

14:00 — Check into the hotel and rest

15:00 — Ethnographic programm in the village of Krasnoye

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19:00 — Dinner (Not included)

Overnight in the hotel

Hotels: Accommodation in Naryan-Mar city, Twin room

Comfort: Comfortable accommodation, WC and bath / shower in room

## Day 2 — Day in the reindeer herders life

08:00 — Early breakfast

09:00 — Departure to the reindeer herders camp

11:00 — Arrival and acquaintance with the nomads

13:00 — Lunch

14:00 — Day in the nenets chum

19:00 — Dinner

Overnight in the chum

## Day 3 — Return to Naryan-Mar

09:00 — Breakfast

11:00 — Discovery of the Nenets culture

13:00 — Lunch in the chum

14:00 — Transfer to Naryan-Mar and ice fishing

17:00 — Arrival in Naryan-Mar.

19:00 — Dinner (Not included)

Overnight in the hotel

## Day 4 — Souvenirs and end of the programme

09:00 — Breakfast in the hotel

10:00 — Transfer to airport. End of the program

## Departures

Start	End	Basic price per person
19.03.2022	22.03.2022	89900.00 RUB

## Note

The indicated price is for the group of 5 persons. For the smaller group, the price per person will be recalculated.

## What's included

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**Price includes**

- Accommodation as per itinerary
- Transport as per itinerary
- Excursions and visits as per itinerary
- Transfer from airport / railway station on first day
- Transfer to airport / railway station on last day
- Letter of invitation
- Snowmobile and equipment rental
- Meals according to the program
- English-speaking guide services

**Price does not include**

- Personal expenses and tips
- Visa fees and travel insurance
- Optional activities
- Airline tickets
- Medical insurance

**Checklist & Equipment**

You will need in Russia in winter:

- to protect yourself from the cold weather;
- to protect yourself from the wind;
- to protect your feet from moisture;
- to protect yourself from the sun's reflection from ice and snow.

Allow the system of "three layers":

- The first layer, called "second skin", determines the performance of the other two layers. It will transport sweat to the next layer and dry quickly to avoid cooling after exercise. Therefore forget the cotton retains moisture in the skin and choose underwear in synthetic fabrics.
- The second layer must keep the heat of the body as long as possible. Warm synthetic or mixed (wool or fleece turtleneck sweater) fabrics, that dry quickly, are preferable.
- The third layer should protect you against wind and moisture. Choose a jacket, long enough, 100% waterproof, preferably with hood.

We recommend you to pack all your stuff in two bags: a small backpack and a large travelling bag.

**SMALL BACKPACK:** will be useful for carrying your personal belongings during the day (camera, film, personal medication, bottled water, etc.) You will also use it as hand luggage during air travel for all your heavy (to lighten the travel bag in the luggage compartment), fragile (camera, etc.) and necessary (toilet bag, etc.) things.

**BIG TRAVEL BAG or BIG BACKPACK:** must contain the rest of your stuff. It will be in the luggage compartment during the flight. It will be transported by vehicles.

**Recommended checklist**

Thermal underwear

POLARTEC or similar pullover

Windproof waterproof pants and jacket (GORE-TEX, EVENT, SIMPA-TEX)

Long sleeve shirts or sweatshirts

T-shirts

Socks

Comfortable shoes for city

Mountain boots for walking on ice and snow

Wool gloves and winter cap

Moisturizer

Important travel documents: Passport and visa, original or electronic airplane tickets (with a sets of photocopies kept separately), bank card

Antibacterial hand gel

Expedition pants

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## Meals

At restaurants and homestays in cities, traditional cuisine consists of local specialties. If you are a vegetarian or have any particular preferences, please let us know, so we could adapt the menu.

## Visa

You need a tourist visa to travel to Russia. It can be issued for a maximum period of 30 days. Your passport has to be valid for at least six months after the expiry date of your visa and to have at least two blank pages.

BaikalNature offers visa support and has created "BaikalNature letter of invitation" package. If you buy a BaikalNature tour, this package is absolutely free; when you buy any other BaikalNature service, you will have to pay for this package.

For more information please contact your nearest Russian Embassy or Visa Application Center.

## Money

The Russian currency is ruble. In all cities and many large villages of Russia, you can easily withdraw rubles, using a Visa or MasterCard, from ATMs, located in banks, department stores or hotel lobbies, some of them are open 24 hours a day. If you have euros or dollars with you, exchange offices will allow you to change them easily in the cities, seldom in the countryside. However, it can be difficult to exchange traveler's checks, even in cities.

## Tipping

All persons who compose the BaikalNature travel team (guides, drivers, cooks, etc.) are paid a decent wage for their services and do not expect any tips from you. So you have no obligation to leave anything. If you really want to express your satisfaction by leaving a gratuity, and if it is in foreign currency, be aware that torn or glued coins and banknotes cannot be exchanged. Anyway, thank you for your tips, left at your discretion in envelopes.

## Health

You need to get a health examination before a great trip. Consult your doctor. Get a dental checkup. If you have health problems that could worsen during the trip, make sure you have taken all your medications with you.

Provide a first aid kit that includes among other items:

- aspirin or paracetamol,
- anti-diarrheal pills,
- antiseptic,
- adhesive plaster,
- sterile pads.

If you have individual diseases, make sure you have taken your medications.

## Medical Form

No particular physical condition is required.

## Emergency Contact

In Western Russia, you can contact BaikalNature by phone: +7 499 705 65 58

## Legal Mentions

Professional Guarantees: BaikalNature LLC (ООО "БайкалНейче"), United Federal Register of Tour Operators number: RTO 009402. Financial Guarantee: "Gaide insurance company" JSC (АО "Страховая компания Гайде"). Insurance contract N 7890/22-49 from September 19, 2022. Amount of coverage: 500 000 RUB. Legal and actual address: BaikalNature LLC, 55 Dekabrskikh Sobyti Str., office 405.2 664007 Irkutsk Russia

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### Cancellation Options

The cancellation options are:

- more than 30 days before departure - 15% of the tour price,
- 29 - 7 days before departure - 30% of the tour price,
- less than 7 days before departure - 50% of the tour price.

### Security

The travelers' security is our primary aim and also the long-term reputation of our travel agency. First-aid kit, adapted for this tour, is available at your guide.

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