

## Trekking from Listvyanka to Bolshiye Koty — Detailed description

Trip Length: 2    Group: 1-6    Departure: Fixed    Period: June - August

### Trip overview

This trekking starts from Listvyanka and takes 6 to 8 hours, depending on pace. The trail follows the shore through the cliffs, beaches and forest. In Bolshiye Koty we will climb the mount to meditate in celestial silence admiring the panorama of the lake, we will go for a walk in taiga, and, if we have more strength, we will climb Skriper cape to enjoy this marvellous viewing point that takes one's breath away...

In the village we will stay with a local family. The hospitable hostess will serve a homemade dinner, and after a hard day we will have a rest in a real Siberian bath (the Russian banya).

In order to enjoy the uninhabited segment of the Baikal coast once again, on the second day we will return to the village of Listvyanka on a private speedboat!

### Highlights

- Trek in breathtaking landscapes
- Discovery of typical Siberian village
- Real Russian banya
- Return on a private speedboat

### Tour type

ACTIVENATURE

### Difficulty

Challenging - 5-7 hours of challenging physical activity daily

### Comfort

Basic — most of nights in tents or rooms with shared WC, some nights in comfortable rooms.

### Beginning / end of the tour

Tour starts: Listvyanka, End of the tour: Listvyanka

## Program

### Day 1 — Trekking along the Baikal western shore

10:00 — Meeting with the group in Listvyanka  
10:30 — Trekking to Bolshiye Koty village  
13:00 — Picnic en route  
18:00 — Arrival to the village and accommodation in the homestay  
18:30 — Russian banya (sauna)  
19:30 — Dinner  
Overnight in the homestay

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Hotels: Accommodation the guest house Solnechniy, Bed in the twin room  
Comfort: Simple comfort accommodation, dry closet indoors, banya

## Day 2 — Return to Listvyanka

09:00 — Breakfast  
10:00 — Ascending the mount with a panoramic view  
12:00 — Lunch  
13:00 — Trekkign to Skripper rock  
17:00 — Return to Listvyanka by speed-boat  
18:00 — Arrival to the Listvyanka village

## Departures

Start	End	Basic price per person
24.06.2023	25.06.2023	25100.00 RUB
01.07.2023	02.07.2023	25100.00 RUB
08.07.2023	09.07.2023	25100.00 RUB
15.07.2023	16.07.2023	25100.00 RUB
22.07.2023	23.07.2023	25100.00 RUB
29.07.2023	30.07.2023	25100.00 RUB
05.08.2023	06.08.2023	25100.00 RUB
12.08.2023	13.08.2023	25100.00 RUB
19.08.2023	20.08.2023	25100.00 RUB
26.08.2023	27.08.2023	25100.00 RUB

## Note

The indicated price is for the group of 3 participants minimum. If there are less persons in the group, the small group supplement is applied: - for a group of 2 participants, a supplement is 8 700 roubles / per person - for an individual tourist , a supplement is 30 600 roubles. The trekking can be organised any dates from mid-May to mid-September. ATTENTION! For trekking tours in taiga, we advise you to get a vaccination for tick-borne encephalitis . Tick bite insurance is included in the tour price.

## What's included

### Price includes

- English-speaking guide
- Russian-spaking guide
- Nature reserves and parks entrance permissions
- Letter of invitation
- Accident insurance
- Meals according to the program
- Accident insurance

### Price does not include

- Personal expenses and tips
- Visa fees and travel insurance
- Airline tickets


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## Checklist & Equipment

For summer travel, we recommend preparing:

- comfortable clothes for hot and sunny weather - we advise you to give preference to natural fabrics, be sure to have sun protection (comfortable hat, SPF protection cream, sunglasses);
- protection from rain and wind - a long raincoat with a hood, for active tours - a waterproof cover on a backpack, the second pair of shoes (the ability to dry a second pair if they get wet);
- clothing in case of bad weather - when the temperature drops (in mountainous regions, on the coasts, in the evening), we recommend taking a light jacket, a warm sweater and pants

In different regions of Russia there can be significant temperature fluctuations in the summer. If you do not have experience traveling in similar regions, please contact your manager to pick up the necessary things and find out about the weather forecast in the place where you are planning your trip.

## Recommended checklist

pants, long sleeve jacket/tracksuit

raincoat / windproof and waterproof jacket with HOOD!

wet wipes and antibacterial hand gel

water bottle/flask

spray against mosquitoes and ticks (for summer outdoor tours)

sleeping bag

winter (down) jacket and warm pants (windproof and waterproof) / winter suit

fleece jacket/sweater with collar

warm mittens (for convenience, thin gloves and a second layer of mittens with fur) / ski gloves

comfortable warm hat and scarf (snood)

winter expedition boots (like Sorel or Baffin)

fleece balaclava

10

12

14

16

## Meals

Homestay cuisine based on fresh products.

If you are a vegetarian or have any particular preferences, please let us know, so we could adapt the menu.

## Visa

You need a tourist visa to travel to Russia. It can be issued for a maximum period of 30 days. Your passport has to be valid for at least six months after the expiry date of your visa and to have at least two blank pages.

BaikalNature offers visa support and has created "BaikalNature letter of invitation" package. If you buy a BaikalNature tour, this package is absolutely free; when you buy any other BaikalNature service, you will have to pay for this package.

For questions regarding obtaining an electronic visa, please contact your tour manager.

## Money

The Russian currency is ruble. The cost of travel and other services is always fixed in rubles. Please note that cards from foreign banks do not work in Russia at the moment. Tourists can obtain a bank card from a Russian bank in advance or travel with cash. If you have euros or dollars with you, exchange offices will allow you to change them easily in the cities. It is also worth noting that the exchange rate at airports is usually not the most favorable. It is better to exchange in big cities (you can check the current exchange rate online). Important! Only new banknotes without defects or any traces are accepted for exchange.

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## Tipping

All persons who compose the BaikalNature travel team (guides, drivers, cooks, etc.) are paid a decent wage for their services and do not expect any tips from you. So you have no obligation to leave anything. If you really want to express your satisfaction by leaving a gratuity, and if it is in foreign currency, be aware that torn or glued coins and banknotes cannot be exchanged. Anyway, thank you for your tips, left at your discretion in envelopes.

## Health

You need to get a health examination before a great trip. Consult your doctor. Get a dental checkup. If you have health problems that could worsen during the trip, make sure you have taken all your medications with you.

It is advisable to keep the following vaccines valid:

- diphtheria,
- tetanus,
- Polio.

Tick-borne encephalitis is present in areas of forest, taiga where ticks are the carriers of encephalitis between May and July. As of August, they are no longer carrying the virus. If you do not get vaccinated, you should follow the basic precautions, including:

- protective clothes
- use of repellents
- daily check of the skin.

It is also possible to take out special insurance covering the analysis of the insect and vaccines.

Provide a first aid kit that includes among other items:

- aspirin or paracetamol,
- anti-diarrheal pills,
- antiseptic,
- adhesive plaster,
- sterile pads.

If you have individual diseases, make sure you have taken your medications.

## Medical Form

A good physical condition is required.

## Emergency Contact

You can contact BaikalNature by phone: +7 924 531 87 01 (What's App, Telegram, Viber)

In addition, your call will be forwarded to your manager, reachable 7/7.

## Legal Mentions

Professional Guarantees: BaikalNature LLC (ООО "БайкалНейче"), United Federal Register of Tour Operators number: RTO 009402.

Financial Guarantee: "Gaide insurance company" JSC (АО "Страховая компания Гайде"). Insurance contract N 4875/2422-49 from August 6, 2024. Amount of coverage: 500 000 RUB. Legal and actual address: BaikalNature LLC, 55 Dekabrskikh Sobyti Str., office 204.1 664007 Irkutsk Russia

## Cancellation Options

The cancellation options are:

- more than 40 days before departure - 30 % of the tour price,
- 39 - 10 days before departure - 60 % of the tour price,
- less than 10 days before departure - 100 % of the tour price.

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## Security

Your safety is very important to us! During the trip we ask you to follow the guide's advice, read the instructions carefully and follow the group. If you have any questions or experience any discomfort, please notify your guide or tour-manager immediately.

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