

Classic Caucasus — Detailed description

Trip Length: 5 Group: 4-6 Departure: Fixed Period: April - August

Trip overview

If you are looking for a real vacation in which there is a diverse nature, centuries-old history, rich culture and, of course, hospitable people, then the Caucasus will give you all this. Visit the liveliest cities of the Caucasian mineral waters - Pyatigorsk, Zheleznovodsk and Kislovodsk, which can boast of their originality and uniqueness, always considered not only the best, but also the oldest resorts in Russia.

But the Caucasus is not only resorts with mineral springs. The main highlight of the tour will be the great Elbrus - the highest mountain peak in Europe. The best way to enjoy and appreciate its beauty is to go to Elbrus region and climb the lift from the Azau glade, and then you will see an amazing picture. The Chegem Gorge with weeping waterfalls and the most transparent - Blue Lake, whose temperature never changes, should also not be left without your attention. These places where pristine nature has been preserved will conquer every demanding traveler. You will also visit the very heart of the mountains - Dombay.

The Caucasus was created by the sea and mountains, which explains the amazing healing climate and the fantastic atmosphere of these places!

Highlights

- Visit 3 Caucasus regions: Stavropol Krai, Kabardino-Balkaria and Karachay-Cherkessia
- Relax in the 3 main resort cities of the Caucasian Mineral Waters
- See the highest point in Europe - Elbrus
- Learn how the rocks "cry" in the Chegem Gorge
- Discover the secret of Blue Lake
- Go to the very heart of the mountains and the tourist mecca of the Caucasus - Dombay

Tour type

DISCOVERYNATURE

Difficulty

Easy - nothing more than normal walking while sight-seeing

Comfort

Upgraded — all nights in comfortable rooms.

Begining / end of the tour

Tour starts: Pyatigorsk, End of the tour: Pyatigorsk

Program

Day 1 — Pyatigorsk and its thermal springs

10:00 — Gathering the group in Mineralnye vody city

10:30 — Transfer to the hotel, check-in

12:30 — Lunch (Not included)

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13:30 — Pyatigorsk city-tour

15:00 — Excursion to Zheleznovodsk

19:00 — Dinner (Not included)

Overnight in the hotel

Hotels: Accommodation in the hotel Intourist, Pyatigorsk, Twin room

Comfort: Comfortable accommodation, WC and bath / shower in room

Day 2 — Elbrus - the highest mountain of Russia

07:00 — Early breakfast

08:00 — Transfer to the Mount Elbrus region

11:00 — Visit of the Adyr-Su ravine

12:00 — Mount Cheguet lift

13:00 — Lunch in the cafe (Not included)

14:00 — Mount Elbrus lift

16:00 — Return to Pyatigorsk

19:00 — Dinner (Not included)

Overnight in the hotel

Hotels: Accommodation in the hotel Intourist, Pyatigorsk, Twin room

Comfort: Comfortable accommodation, WC and bath / shower in room

Day 3 — Cheguem Gorge and Blue Lake

09:00 — Breakfast in the hotel

10:00 — Excursion to the Cheguem Gorge

12:00 — Departure to Nalchik and city-tour

13:00 — Lunch in the cafe (Not included)

15:00 — Excursion to the Blue Lake

18:00 — Return to Pyatigorsk

19:00 — Dinner in the cafe of the hotel (Not included)

Overnight in the hotel

Hotels: Accommodation in the hotel Intourist, Pyatigorsk, Twin room

Comfort: Comfortable accommodation, WC and bath / shower in room

Day 4 — Dombay is the pearl of Karachay-Cherkessia

09:00 — Breakfast in the hotel

11:00 — Excursion to the Dombay valley

14:00 — Lunch (Not included)

16:00 — Return to Pyatigorsk

19:00 — Dinner (Not included)

Overnight in the hotel

Hotels: Accommodation in the hotel Intourist, Pyatigorsk, Twin room

Comfort: Comfortable accommodation, WC and bath / shower in room

Day 5 — Kislovodsk - the pearl of the Stavropol Krai

09:00 — Breakfast in the hotel

10:00 — Departure to the city of Kislovodsk

11:00 — Excursion to the city of Kislovodsk

13:30 — Lunch (Not included)

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16:00 — Transfer to the airport of Mineralnye vody, end of the programme

Departures

Start	End	Basic price per person
17.04.2022	21.04.2022	63600.00 RUB
15.05.2022	19.05.2022	63600.00 RUB
14.08.2022	18.08.2022	63600.00 RUB

Note

The indicated price is for the group of 4-5 participants. If the number of participants is smaller, the price will be recalculated. This tour can be organised for individual departure for the convenient dates. * Entrance fees and environmental tax are not included in the price (about 50 - 350 rubles)

What's included

Price includes

- Accommodation as per itinerary
- Transport as per itinerary
- Excursions and visits as per itinerary
- Letter of invitation
- English-speaking guide services
- Meals according to the program
- Medical insurance
- Transfer from airport / railway station on first day
- Transfer to airport / railway station on last day

Price does not include

- Personal expenses and tips
- Visa fees and travel insurance
- Airline tickets
- Reserves and national parks entrance permissions

Checklist & Equipment

We recommend you to pack all your stuff in two bags: a small backpack and a large travelling bag.

SMALL BACKPACK: will be useful for carrying your personal belongings during the day (camera, film, personal medication, bottled water, etc.) You will also use it as hand luggage during air travel for all your heavy (to lighten the travel bag in the luggage compartment), fragile (camera, etc.) and necessary (toilet bag, etc.) things.

BIG TRAVEL BAG or BIG BACKPACK: must contain the rest of your stuff. It will be in the luggage compartment during the flight. It will be transported by vehicles.

Recommended checklist

- Raincoat or wind and waterproof shell jacket (with hood !)
- POLARTEC or similar pullover
- Long sleeve shirts or sweatshirts
- Shorts
- T-shirts
- Socks
- Cap or hat to protect against sun
- Comfortable walking shoes (like Vibram or similar)
- Comfortable shoes for city

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 baikalnature.com

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Sunglasses with filter
Flip-flops for banya
Bath towel
Swimsuit
Wipes
Binoculars

Meals

If you are a vegetarian or have any particular preferences, please let us know, so we could adapt the menu.

Visa

You need a tourist visa to travel to Russia. It can be issued for a maximum period of 30 days. Your passport has to be valid for at least six months after the expiry date of your visa and to have at least two blank pages.

BaikalNature offers visa support and has created "BaikalNature letter of invitation" package. If you buy a BaikalNature tour, this package is absolutely free; when you buy any other BaikalNature service, you will have to pay for this package.

For more information please contact your nearest Russian Embassy or Visa Application Center.

Money

The Russian currency is ruble. In all cities and many large villages of Russia, you can easily withdraw rubles, using a Visa or MasterCard, from ATMs, located in banks, department stores or hotel lobbies, some of them are open 24 hours a day. If you have euros or dollars with you, exchange offices will allow you to change them easily in the cities, seldom in the countryside. However, it can be difficult to exchange traveler's checks, even in cities.

Tipping

All persons who compose the BaikalNature travel team (guides, drivers, cooks, etc.) are paid a decent wage for their services and do not expect any tips from you. So you have no obligation to leave anything. If you really want to express your satisfaction by leaving a gratuity, and if it is in foreign currency, be aware that torn or glued coins and banknotes cannot be exchanged. Anyway, thank you for your tips, left at your discretion in envelopes.

Health

No compulsory vaccination.

You need to get a health examination before a great trip. Consult your doctor. Get a dental checkup. If you have health problems that could worsen during the trip, make sure you have taken all your medications with you.

Provide a first aid kit that includes among other items:

- aspirin or paracetamol,
- anti-diarrheal pills,
- antiseptic,
- adhesive plaster,
- sterile pads.

If you have individual diseases, make sure you have taken your medications.

Medical Form

No particular physical condition is required.

Emergency Contact

You can contact BaikalNature by phone: +73952 26 56 94.

In addition, your call will be forwarded to your manager, reachable 7/7.

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Legal Mentions

Professional Guarantees: BaikalNature LLC (ООО "БайкалНейче"), United Federal Register of Tour Operators number: RTO 009402.
Financial Guarantee: "Gaide insurance company" JSC (АО "Страховая компания Гайде"). Insurance contract N 10058/21-49 from October 08, 2021. Amount of coverage: 500 000 RUB. Legal and actual address: BaikalNature LLC 119A Dekabrskikh Sobyti Str., office 13 664007 Irkutsk Russia

Cancellation Options

The cancellation options are:

- more than 30 days before departure - 15% of the tour price,
- 29 - 7 days before departure - 30% of the tour price,
- less than 7 days before departure - 50% of the tour price.

Security

The travelers' security is our primary aim and also the long-term reputation of our travel agency. First-aid kit, adapted for this tour, is available at your guide.

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 [baikalnature.com](https://www.baikalnature.com)

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