

# In Search of the Northern Lights — Detailed description

Trip Length: 5 Group: 4-6 Departure: Fixed Period: December - January

### **Trip overview**

Have you ever dreamed of visiting the Arctic? To see the Northern Lights, the vastness of the tundra, to feel the power of the Arctic Ocean at the far end of Russia? To try your hand at harnessing sled dogs? To meet the people of the north, the Saami, to discover its culture and taste its cuisine? Did you think it was inaccessible, very expensive, or just for overtrained and over-equipped?

Well no ! With our trip "In Search of the Northern Lights" the dream of discovering the Arctic becomes reality. This program is the result of our presence for several years in the Kola Peninsula and as we believe, is a perfect mix to discover the Arctic.

This trip in the Kola Peninsula is suitable for families with children over 5 years old and does not represent any physical difficulty.

During this trip to the Russian Arctic you will visit Murmansk, the largest city in the world located beyond the Arctic Circle. You will take a snowmobile ride to the mysterious lake Seidozero, you will take an outing in the snow-covered forest in sleds drawn by dogs, get acuaintance with reindeer. In addition, you will get to know the traditions and rites of the ancient Sami tribes and, of course, taste their local cuisine.

Here, in the middle of the Kola Peninsula, you will witness one of the most beautiful and mysterious natural phenomena: the aurora borealis. It is not possible to book nice weather or clear skies, but this trip in the middle of the polar night is perfectly suited to the search for the Aurora Borealis!

Do not miss the opportunity to get to know the world of the Arctic, its culture and its endless white expanses!

### Highlights

- · Best opportunity to observe the Aurora Borealis
- · Acquaintance with the culture and life of the Sami people
- Dog and reindeer sledding
- Tour of Murmansk, the largest city in the Arctic
- Itinerary accessible to families with children
- Snowmobile tour to the lake Seydozero
- An opportunity not only to see and feed real reindeer

### Tour type

DISCOVERYNATURE

### Difficulty

Moderately Easy - 1-3 hours of physical activity daily

### Comfort

Upgraded — all nights in comfortable rooms.

### Begining / end of the tour

Tour starts: Murmansk, End of the tour: Murmansk

# Program

Уникальный внутренний номер документа: 909588

ООО «БайкалНейче» 664007, г. Иркутск, ул. Декабрьских событий, 55, офис 405.2







### Day 1 — The capital of Russian Arctic

- 12:00 Arrival to Murmansk
- 13:00 Lunch
- 14:00 Murmansk city tour

19:00 — Dinner (Not included) Overnight in the hotel Hotels: Accommodation in the hotel "Glarus", Murmansk, Twin room Comfort: Comfortable accommodation, WC and bath / shower in room

#### Day 2 — Lovozero village

- 09:00 Breakfast
- 10:00 Departure to Lovozero
- 13:00 Transfer from Lovozero to the base
- 14:00 Late lunch at the base
- 16:00 Winter fun
- 19:00 Dinner
- 22:00 Search of the Northern lights

#### Overnight at the base

Hotels: Yulinskaya Salma, Twin room Comfort: Comfortable accommodation, WC and bath / shower in room

#### Day 3 — Seydozero - sacred lake

- 09:00 Breakfast in the hotel
- 10:00 Departure Seydozero Lake in sleighs
- 13:00 Lunch at the base
- 15:00 Skiing in the arctic tundra
- 19:00 Dinner
- 20:00 Russian banya

Overnight at the base

Hotels: Yulinskaya Salma, Twin Room Comfort: Comfortable accommodation, WC and shower on the floor

#### Day 4 — A day on the shore of Lake Lovozero

- 08:00 Breakfast in the cafe of tourist base
- 10:00 Ice fishing
- 13:00 Lunch
- 15:00 Time at leisure
- 19:00 Dinner

Overnight at the base

Hotels: Yulinskaya Salma, Twin Room

Comfort: Comfortable accommodation, WC and shower on the floor

#### Day 5 — Dog-sledding and Sami reindeer herders

- 09:00 Breakfast in the cafe of tourist base
- 10:00 Transfer to Husky-park
- 11:00 Dog-sledding through the tundra

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13:00 — Sami Lunch

15:00 — Return way to Murmansk

17:30 — Arrival at Murmansk airport. End of the programme

# **Departures**

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### Note

Guaranteed departure for the group from 4 persons. If there are less participants, the price will be recalculated. Single supplement - 6100 roubles. Please note that the appearance of the Aurora Borealis cannot be guaranteed and depends on the lightness of the sky and the solar activity at the time.

# What's included

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#### Price includes

- Dog sled rental
- Russian-spaking guide
- Accommodation as per itinerary
- Excursions and visits as per itinerary
- · Bathing in springs
- Airplane/ train tickets
- Letter of invitation
- English-speaking guide services
- Meals according to the program
- Accident insurance
- Ski rental

# **Checklist & Equipment**

You will need in Russia in winter:

- to protect yourself from the cold weather;
- to protect yourself from the wind;
- to protect your feet from moisture;
- to protect yourself from the sun's reflection from ice and snow.

### Allow the system of "three layers":

• The first layer, called "second skin", determines the performance of the other two layers. It will transport sweat to the next layer and dry quickly to avoid cooling after exercise. Therefore forget the cotton retains moisture in the skin and choose underwear in synthetic fabrics.

Price does not include

Airline tickets

Meals as per itinerary

Personal expenses and tipsVisa fees and travel insurance

- The second layer must keep the heat of the body as long as possible. Warm synthetic or mixed (wool or fleece turtleneck sweater) fabrics, that dry quickly, are preferable.
- The third layer should protect you against wind and moisture. Choose a jacket, long enough, 100% waterproof, preferably with hood.

If you are traveling in the spring or autumn, please check with your manager for a list of recommended equipment and an approximate weather forecast.

# **Recommended checklist**

underwear, socks (several pairs) raincoat / windproof and waterproof jacket with HOOD! sunglasses towel water bottle/flask spray against mosquitoes and ticks (for summer outdoor tours) thermal underwear 2 3 4 6 13

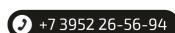
### Meals

If you are a vegetarian or have any particular preferences, please let us know, so we could adapt the menu.

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# Visa

You need a tourist visa to travel to Russia. It can be issued for a maximum period of 30 days. Your passport has to be valid for at least six months after the expiry date of your visa and to have at least two blank pages.

BaikalNature offers visa support and has created "BaikalNature letter of invitation" package. If you buy a BaikalNature tour, this package is absolutely free; when you buy any other BaikalNature service, you will have to pay for this package. For questions regarding obtaining an electronic visa, please contact your tour manager.

### Money

The Russian currency is ruble. The cost of travel and other services is always fixed in rubles. Please note that cards from foreign banks do not work in Russia at the moment. Tourists can obtain a bank card from a Russian bank in advance or travel with cash. If you have euros or dollars with you, exchange offices will allow you to change them easily in the cities. It is also worth noting that the exchange rate at airports is usually not the most favorable. It is better to exchange in big cities (you can check the current exchange rate online). Important! Only new banknotes without defects or any traces are accepted for exchange.

# Tipping

All persons who compose the BaikalNature travel team (guides, drivers, cooks, etc.) are paid a decent wage for their services and do not expect any tips from you. So you have no obligation to leave anything. If you really want to express your satisfaction by leaving a gratuity, and if it is in foreign currency, be aware that torn or glued coins and banknotes cannot be exchanged. Anyway, thank you for your tips, left at your discretion in envelopes.

# Health

You need to get a health examination before a great trip. Consult your doctor. Get a dental checkup. If you have health problems that could worsen during the trip, make sure you have taken all your medications with you. Provide a first aid kit that includes among other items:

- aspirin or paracetamol,
- anti-diarrheal pills,
- antiseptic,
- adhesive plaster,
- sterile pads.

If you have individual diseases, make sure you have taken your medications.

# **Medical Form**

No particular physical condition is required.

# **Emergency Contact**

You can contact BaikalNature by phone: +7 924 531 87 01 (What's App, Telegram, Viber) In addition, your call will be forwarded to your manager, reachable 7/7. In Western Russia, you can contact BaikalNature by phone: +7 499 705 65 58

# **Legal Mentions**

Professional Guarantees: BaikalNature LLC (ООО "БайкалНейче"), United Federal Register of Tour Operators number: RTO 009402. Financial Guarantee: "Gaide insurance company" JSC (АО "Страховая компания Гайде"). Insurance contract N 4875/2422-49 from August 6, 2024. Amount of coverage: 500 000 RUB. Legal and actual address: BaikalNature LLC, 55 Dekabrskikh Sobyti Str., office 204.1 664007 Irkutsk Russia

# **Cancellation Options**

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The cancellation options are:

- more than 40 days before departure 30 % of the tour price,
- 39 10 days before departure 60 % of the tour price,
- less than 10 days before departure 100 % of the tour price.

### **Travel Insurance**

In addition to your personal insurance, you have an opportunity to purchase local insurance. Please, do not hesitate to ask us about our services.

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