

# Baikal by kayak — Detailed description

Trip Length: 5 Group: 4-8 Departure: Fixed Period: December - January

## Trip overview

This voyage is specially for those who seek seclusion from all civilization and entire immersion in nature. The main goal is to let you enjoy a long trip on kayak and minimize all typical features of "a civilized tour": hotels, transport, crowd...

On the one hand, this idea allowed to reduce considerably your budget: very important thing! On the other hand, the kayak is an excellent way to get some privacy, comfort and cover long distances.

The layout of the itinerary passes through symbolic places of Baikal, most of which are accessible only by kayak, like the Sennaya and Peschanaya bays, the Beliy cape. We can also see Nerpas (Baikal fresh water seals) where the kayak is the single means of transport that does not frighten animal.

Thus, we put our kayaks into the water at Bugul'deika and sailing in the south up to the Village Bolchoe Goloustnoe crossing the famous Peschanaya Bay, where we will make a break to discover all treasures. After 5 days of autonomy way, we will get off to Irkoutsk. Many times itinerary will allow to walk around the coast, discover taiga and views of the lake.

Last models of sea kayak Triton, Russian brand, are used to provide security and comfort. These collapsible kayaks have a rigid structure, inflatable edges that make it unsinkable. For navigating and transporting comfortably, you will seat by two in a three-seat kayak.

## **Highlights**

- Discovery of inaccessible place of Baikal
- Opportunity to see Baikal fresh water seals
- · Possibility to stay in the most beautiful places of the lake
- Visit of the Peschanaya bay

## Tour type

**ACTIVENATURE** 

# Difficulty

Challenging - 5-7 hours of challenging physical activity daily

## Comfort

Basic — most of nights in tents or rooms with shared WC, some nights in comfortable rooms.

## Begining / end of the tour

Tour starts: Irkutsk, End of the tour: Irkutsk

# **Program**

## Day 1 — First meeting with the Baikal

10:00 — Meeting at "BaikalNature" office

10:05 — Transfer to the Bolshoye Goloustnoye village

12:00 — Arrival to the Bolshoye Goloustnoye village

13:00 — Lunch (Not included)

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18:00 — Camping dinner

Overnight in the tent

Hotels: Camping,

## Day 2 — Along the western coast of lake Baikal

09:00 - Breakfast

10:00 — Departure on kayak

13:00 — Lunch (picnic)

17:00 — Continuation of the navigation

17:00 — Setting up of the camp and rest

19:00 — Dinner

Overnight in the tent

Hotels: Camping,

# Day 3 — The most beautiful bay of lake Baikal

09:00 - Breakfast

10:00 — Navigation on kayak

13:00 — Lunch on the Baikal shore

14:00 — Continuation of the navigation

17:00 — Arrival and setting up of the camp

19:00 — Dinner

Overnight in the tent

Hotels: Camping,

# Day 4 — Continuation of the navigation

09:00 - Breakfast

10:00 — Kayaking to the Beliy cape

13:00 — Outdoor lunch

16:00 — Continuation of the naviagtion

19:00 — Dinner

Overnight in the tent

Hotels: Camping,

# Day 5 — Return to Irkutsk

09:00 - Breakfast

10:00 — Departure to the Buguldeyka village

12:00 — Transfer to Irkutsk

## **Departures**

Start	End	Basic price per person
24.07.2023	28.07.2023	35900.00 RUB
01.08.2023	05.08.2023	35900.00 RUB
12.08.2023	16.08.2023	35900.00 RUB

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#### Note

The price includes breakfast on Day 2-4; lunch Day 2-4 and dinner on Day 1-4. We recommend you to arrive the day before for avoiding to be late. To note: maximum weight to take part in this trip is 100 kg. The timing and the itinerary of the your is approximate. This tour is held on the uninhabited coast of the lake, far away from the civilization. The duration and the place for the stops will be defined by the guide on site for ensure your security.

## What's included

#### Price includes

- · English-speaking guide services
- · Russian-spaking guide
- · Accommodation as per itinerary
- Nature reserves and parks entrance permissions
- Tent rental
- · Letter of invitation
- · Camping outfit rental
- Kayak and equipment rental
- · Dry bag rental
- · Meals according to the program

#### Price does not include

- · Personal expenses and tips
- Visa fees and travel insurance
- · Bathing in springs
- · Airplane/ train tickets
- · Sleeping bag rental
- · Airline tickets
- · Meals as per itinerary

# **Checklist & Equipment**

For summer travel, we recommend preparing:

- comfortable clothes for hot and sunny weather we advise you to give preference to natural fabrics, be sure to have sun protection (comfortable hat, SPF protection cream, sunglasses);
- protection from rain and wind a long raincoat with a hood, for active tours a waterproof cover on a backpack, the second pair of shoes (the ability to dry a second pair if they get wet);
- clothing in case of bad weather when the temperature drops (in mountainous regions, on the coasts, in the evening), we recommend taking a light jacket, a warm sweater and pants

In different regions of Russia there can be significant temperature fluctuations in the summer. If you do not have experience traveling in similar regions, please contact your manager to pick up the necessary things and find out about the weather forecast in the place where you are planning your trip.

# **Recommended checklist**

T-shirts, shorts

pants, long sleeve jacket/tracksuit

raincoat / windproof and waterproof jacket with HOOD!

swimsuit / swim trunks

wet wipes and antibacterial hand gel

water bottle/flask

spray against mosquitoes and ticks (for summer outdoor tours)

sleeping bag

winter (down) jacket and warm pants (windproof and waterproof) / winter suit

comfortable winter boots (suitable for walking on ice and snow)

fleece jacket/sweater with collar

warm mittens (for convenience, thin gloves and a second layer of mittens with fur) / ski gloves comfortable warm hat and scarf (snood)

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ski mask

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## Meals

Cold lunch and hot dinner, cooked on an open fire in the evening.

If you are a vegetarian or have any particular preferences, please let us know, so we could adapt the menu.

#### Visa

You need a tourist visa to travel to Russia. It can be issued for a maximum period of 30 days. Your passport has to be valid for at least six months after the expiry date of your visa and to have at least two blank pages.

BaikalNature offers visa support and has created "BaikalNature letter of invitation" package. If you buy a BaikalNature tour, this package is absolutely free; when you buy any other BaikalNature service, you will have to pay for this package.

For questions regarding obtaining an electronic visa, please contact your tour manager.

#### Money

The Russian currency is ruble. The cost of travel and other services is always fixed in rubles. Please note that cards from foreign banks do not work in Russia at the moment. Tourists can obtain a bank card from a Russian bank in advance or travel with cash. If you have euros or dollars with you, exchange offices will allow you to change them easily in the cities. It is also worth noting that the exchange rate at airports is usually not the most favorable. It is better to exchange in big cities (you can check the current exchange rate online). Important! Only new banknotes without defects or any traces are accepted for exchange.

## **Tipping**

All persons who compose the BaikalNature travel team (guides, drivers, cooks, etc.) are paid a decent wage for their services and do not expect any tips from you. So you have no obligation to leave anything. If you really want to express your satisfaction by leaving a gratuity, and if it is in foreign currency, be aware that torn or glued coins and banknotes cannot be exchanged. Anyway, thank you for your tips, left at your discretion in envelopes.

## Health

You need to get a health examination before a great trip. Consult your doctor. Get a dental checkup. If you have health problems that could worsen during the trip, make sure you have taken all your medications with you.

It is advisable to keep the following vaccines valid:

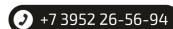
- diphtheria,
- tetanus.
- Polio.

Tick-borne encephalitis is present in areas of forest, taiga where ticks are the carriers of encephalitis between May and July. As of August, they are no longer carrying the virus. If you do not get vaccinated, you should follow the basic precautions, including:

- · protective clothes
- · use of repellents
- daily check of the skin.

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It is also possible to take out special insurance covering the analysis of the insect and vaccines.

Provide a first aid kit that includes among other items:

- · aspirin or paracetamol,
- · anti-diarrheal pills,
- · antiseptic,
- · adhesive plaster,
- sterile pads.

If you have individual diseases, make sure you have taken your medications.

#### **Medical Form**

A good physical condition is required.

## **Emergency Contact**

You can contact BaikalNature by phone: +7 924 531 87 01 (What's App, Telegram, Viber) In addition, your call will be forwarded to your manager, reachable 7/7.

## **Legal Mentions**

Professional Guarantees: BaikalNature LLC (ООО "БайкалНейче"), United Federal Register of Tour Operators number: RTO 009402. Financial Guarantee: "Gaide insurance company" JSC (АО "Страховая компания Гайде"). Insurance contract N 4875/2422-49 from August 6, 2024. Amount of coverage: 500 000 RUB. Legal and actual address: BaikalNature LLC, 55 Dekabrskikh Sobyti Str., office 204.1 664007 Irkutsk Russia

# **Cancellation Options**

The cancellation options are:

- more than 40 days before departure 30 % of the tour price,
- 39 10 days before departure 60 % of the tour price,
- less than 10 days before departure 100 % of the tour price.

#### **Travel Insurance**

In addition to your personal insurance, you have an opportunity to purchase local insurance. Please, do not hesitate to ask us about our services.

## **Security**

Your safety is very important to us! During the trip we ask you to follow the guide's advice, read the instructions carefully and follow the group. If you have any questions or experience any discomfort, please notify your guide or tour-manager immediately.

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