

# Baikal Trekking — Detailed description

Trip Length: Group: 8-10 Departure: Fixed Period: December - January

#### Trip overview

Lake Baikal offers magnificent itineraries of trekking at a leisurely pace walking on popular routes. This time we invite you to adventure trekking that route is divided into two parts: eastern shore of Lake Baikal and its biggest Olkhon Island, shaman's land.

Having left Irkutsk for Bolchoye Goloustnoye where trekking will start we will reach Listvyanka in four days. During all this route we will enjoy the Baikal panorama from the bird's-eye view from the one hand, from the other one Siberian taiga with its rich colors. Than the landscapes will change when we will arrive on Olkhon Island where we will continue trekking with an overnight in the true yourta. Discovery of small Buryat villages on the island, sacred rocks, white sand beaches and endless steppes will make this trekking unforgettable.

You will not have to carry your luggage with you, we will care about it. So for the first four days you will need to take the most necessary things with you (prepare a medium backpack), the rest we will bring to you to Listvyanka on the 5th Day when you will go to Olkhon Island. You will have to bring your personal things neither on Olkhon Island: you will be accompanied with a vehicle, so you can always have a rest. Furthermore a hot lunch and dinner will be waiting for you!

# **Highlights**

- Popular itinerary aimed at discovering the riches of the unique nature of Lake Baikal
- Adventurous but at the same time comfortable travel

# Tour type

NATURE

### Difficulty

Moderately Easy - 1-3 hours of physical activity daily

#### Comfort

Standard — most of nights in comfortable rooms, some nights in tents or rooms with shared WC.

# **Program**

Day 1 — -

Day 2 — -

Day 3 — -

Day 4 — -

Day 5 — -

Day 6 — -

Day 7 — -

Day 8 — -

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Day 9 — -

#### **Departures**

New departures available soon

#### Note

The price is given for the group of 8 persons. If the number of participants is less than 8, the following supplement is applied: + 2 200 RUB / pers. for the group of 7 participants + 5 000 RUB / pers. for the group of 6 participants + 10 600 RUB / pers. for the grup of 5 participants + 15 700 RUB / pers. for the grup of 4 participant + 28 100 RUB / pers. for the grup of 3 participant + 47 700 RUB / pers. for the grup of 2 participant The price includes banya on Day 4, 8 The price does not include breakfast on Day 1 and dinner on Day 9 Single supplement 1 000 roubles

#### What's included

#### Price includes

- English-speaking guide
- Russian-spaking guide
- · Accommodation as per itinerary
- Excursions and visits as per itinerary
- Nature reserves and parks entrance permissions
- Tent rental
- Bathing in springs
- · Accident insurance
- · Luggage transport
- Letter of invitation

#### Price does not include

- · Meals as per itinerary
- Personal expenses and tips
- Visa fees and travel insurance
- · Airplane/ train tickets
- · Optional activities
- · Camping outfit rental
- · Sleeping bag rental
- · Airline tickets
- Dry bag rental

## **Checklist & Equipment**

For summer travel, we recommend preparing:

- comfortable clothes for hot and sunny weather we advise you to give preference to natural fabrics, be sure to have sun protection (comfortable hat, SPF protection cream, sunglasses);
- protection from rain and wind a long raincoat with a hood, for active tours a waterproof cover on a backpack, the second pair of shoes (the ability to dry a second pair if they get wet);
- clothing in case of bad weather when the temperature drops (in mountainous regions, on the coasts, in the evening), we recommend taking a light jacket, a warm sweater and pants

In different regions of Russia there can be significant temperature fluctuations in the summer. If you do not have experience traveling in similar regions, please contact your manager to pick up the necessary things and find out about the weather forecast in the place where you are planning your trip.

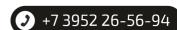
If you are traveling in the spring or autumn, please check with your manager for a list of recommended equipment and an approximate weather forecast.

#### **Recommended checklist**

T-shirts, shorts pants, long sleeve jacket/tracksuit comfortable shoes for the city swimsuit / swim trunks wet wipes and antibacterial hand gel water bottle/flask

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spray against mosquitoes and ticks (for summer outdoor tours)

sleeping bag

comfortable winter boots (suitable for walking on ice and snow)

fleece jacket/sweater with collar

warm mittens (for convenience, thin gloves and a second layer of mittens with fur) / ski gloves

ski mask

fleece balaclava

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#### Visa

You need a tourist visa to travel to Russia. It can be issued for a maximum period of 30 days. Your passport has to be valid for at least six months after the expiry date of your visa and to have at least two blank pages.

BaikalNature offers visa support and has created "BaikalNature letter of invitation" package. If you buy a BaikalNature tour, this package is absolutely free; when you buy any other BaikalNature service, you will have to pay for this package.

For questions regarding obtaining an electronic visa, please contact your tour manager.

#### Money

The Russian currency is ruble. The cost of travel and other services is always fixed in rubles. Please note that cards from foreign banks do not work in Russia at the moment. Tourists can obtain a bank card from a Russian bank in advance or travel with cash. If you have euros or dollars with you, exchange offices will allow you to change them easily in the cities. It is also worth noting that the exchange rate at airports is usually not the most favorable. It is better to exchange in big cities (you can check the current exchange rate online). Important! Only new banknotes without defects or any traces are accepted for exchange.

### **Tipping**

All persons who compose the BaikalNature travel team (guides, drivers, cooks, etc.) are paid a decent wage for their services and do not expect any tips from you. So you have no obligation to leave anything. If you really want to express your satisfaction by leaving a gratuity, and if it is in foreign currency, be aware that torn or glued coins and banknotes cannot be exchanged. Anyway, thank you for your tips, left at your discretion in envelopes.

# Health

No compulsory vaccination.

You need to get a health examination before a great trip. Consult your doctor. Get a dental checkup. If you have health problems that could worsen during the trip, make sure you have taken all your medications with you.

Provide a first aid kit that includes among other items:

- aspirin or paracetamol,
- anti-diarrheal pills,
- antiseptic,
- · adhesive plaster,
- · sterile pads.

If you have individual diseases, make sure you have taken your medications.

# **Emergency Contact**

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ООО «БайкалНейче» 664007, г. Иркутск, ул. Декабрьских событий, 55, офис 405.2







You can contact BaikalNature by phone: +7 924 531 87 01 (What's App, Telegram, Viber) In addition, your call will be forwarded to your manager, reachable 7/7. In Western Russia, you can contact BaikalNature by phone: +7 499 705 65 58

### **Legal Mentions**

Professional Guarantees: BaikalNature LLC (ООО "БайкалНейче"), United Federal Register of Tour Operators number: RTO 009402. Financial Guarantee: "Gaide insurance company" JSC (АО "Страховая компания Гайде"). Insurance contract N 4875/2422-49 from August 6, 2024. Amount of coverage: 500 000 RUB. Legal and actual address: BaikalNature LLC, 55 Dekabrskikh Sobyti Str., office 204.1 664007 Irkutsk Russia

#### **Travel Insurance**

In addition to your personal insurance, you have an opportunity to purchase local insurance. Please, do not hesitate to ask us about our services.

## Security

Your safety is very important to us! During the trip we ask you to follow the guide's advice, read the instructions carefully and follow the group. If you have any questions or experience any discomfort, please notify your guide or tour-manager immediately.

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