

# Along The Baikal Shore On Horseback — Detailed description

Trip Length: Group: 4-10 Departure: Fixed Period: December - January

### **Trip overview**

Here is a marvellous route to diversify your stay in the south of Lake Baikal and to enjoy a 18-km (11-mi) horseback ride between the villages of Listvyanka and Bolshiye Koty. Departing from Listvyanka situated 70 km (44 mi) southeast of Irkutsk we will follow an old trail linking these two villages. First kilometres will be done through taiga and then we will go down to the shore of Lake Biakal. During the ride we are going to enjoy plain but plentiful meal prepared on bonfire by our guide.

Tour may operate in either direction - from Listvyanka to Bolshiye Koty and vice versa.

## **Highlights**

- Magnificent opportunity to learn to ride and to discover the Baikal landscapes
- Easy and accessible route for everyone with a good level of fitness

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**NATURE** 

### Difficulty

Moderately Easy - 1-3 hours of physical activity daily

#### Comfort

This tour doesn't have overnights.

## **Program**

Day 1 — -

### **Departures**

New departures available soon

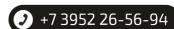
## Note

It is possible to be accompanied by English-speaking guide during this tour. Please contact us for the price.

### What's included

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#### Price includes

- Lunches
- Russian-speaking guide services
- Horse and equipment rental

#### Price does not include

- English-speaking guide
- Medical insurance
- · Administrative registration
- Personal expenses and tips
- · Visa fees and travel insurance
- Accommodation
- Transport
- · Letter of invitation

## **Checklist & Equipment**

It is hot in summer at Lake Baikal area. Nevertheless, you should always have something to put on, as weather in Siberia is very changeable.

If you plan your trip in May or September, please feel free to bring your hat, gloves and windjacket in case of snow or rain. June is also pretty cool.

July and August are the hottest months, which offer you temperatures of 25 ° - 35 ° at daytime and 15 ° - 18 ° at night. On the shores of Lake Baikal, like in the Alps, you should wear T-shirts and shorts in the sunny afternoons, sweaters and jackets in the cool evenings.

#### **Recommended checklist**

Sleeping bag rated from 0° C to +15° C

Raincoat or wind and waterproof shell jacket (with hood!)

Trekking socks

Trekking pants

Long sleeve shirts or sweatshirts

T-shirts

Cap or hat to protect against sun

Foulard or tagelmust

Comfortable walking shoes (like Vibram or similar)

Headlamp

Sunscreen for skin and lips

Sunglasses with filter

Mosquito net for face

Toilet roll

Pocket knife (to put in checked baggage)

Flask

Sewing kit

Fleece jacket or warm sweater

Moisturizer

Lipstick

Bath towel

Swimsuit

Important travel documents: Passport and visa, original or electronic airplane tickets (with a sets of photocopies kept separately), bank card Tick and mosquitoes repellent spray

Forceps for extracting ticks

Wipes

Antibacterial hand gel

Wristwatch or pocket alarm clock

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Binoculars

Charger and spare battery for camera/phone Photo / video camera Tour vouchers and programme Ice cleats

#### Meals

Cold lunch and hot dinner, cooked on an open fire in the evening.

If you are a vegetarian or have any particular preferences, please let us know, so we could adapt the menu.

#### Visa

You need a tourist visa to travel to Russia. It can be issued for a maximum period of 30 days. Your passport has to be valid for at least six months after the expiry date of your visa and to have at least two blank pages.

BaikalNature offers visa support and has created "BaikalNature letter of invitation" package. If you buy a BaikalNature tour, this package is absolutely free; when you buy any other BaikalNature service, you will have to pay for this package.

For more information please conact your nearest Russian Embassy or Visa Application Center.

### Money

The Russian currency is ruble. In all cities and many large villages of Russia, you can easily withdraw rubles, using a Visa or MasterCard, from ATMs, located in banks, department stores or hotel lobbies, some of them are open 24 hours a day. If you have euros or dollars with you, exchange offices will allow you to change them easily in the cities, seldom in the countryside. However, it can be difficult to exchange traveler's checks, even in cities.

### **Tipping**

All persons who compose the BaikalNature travel team (guides, drivers, cooks, etc.) are paid a decent wage for their services and do not expect any tips from you. So you have no obligation to leave anything. If you really want to express your satisfaction by leaving a gratuity, and if it is in foreign currency, be aware that torn or glued coins and banknotes cannot be exchanged. Anyway, thank you for your tips, left at your discretion in envelopes.

### Health

No compulsory vaccination.

You need to get a health examination before a great trip. Consult your doctor. Get a dental checkup. If you have health problems that could worsen during the trip, make sure you have taken all your medications with you.

It is advisable to keep the following vaccines valid:

- · diphtheria,
- tetanus,
- · Polio.

Tick-borne encephalitis is present in areas of forest, taiga where ticks are the carriers of encephalitis between May and July. As of August, they are no longer carrying the virus. If you do not get vaccinated, you should follow the basic precautions, including:

- protective clothes
- use of repellents
- daily check of the skin.

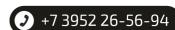
It is also possible to take out special insurance covering the analysis of the insect and vaccines.

Provide a first aid kit that includes among other items:

- aspirin or paracetamol,
- anti-diarrheal pills,
- antiseptic,

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- · adhesive plaster,
- · sterile pads.

If you have individual diseases, make sure you have taken your medications.

### **Emergency Contact**

You can contact BaikalNature by phone: +73952 26 56 94. In addition, your call will be forwarded to your manager, reachable 7/7.

## **Legal Mentions**

Professional Guarantees: BaikalNature LLC (ООО "БайкалНейче"), United Federal Register of Tour Operators number: RTO 009402. Financial Guarantee: "Gaide insurance company" JSC (АО "Страховая компания Гайде"). Insurance contract N 7890/22-49 from September 19, 2022. Amount of coverage: 500 000 RUB. Legal and actual address: BaikalNature LLC, 55 Dekabrskikh Sobyti Str., office 405.2 664007 Irkutsk Russia

#### **Travel Insurance**

In addition to your personal insurance, you have an opportunity to purchase local insurance. Please, do not hesitate to ask us about our services.

### Security

The travelers' security is our primary aim and also the long-term reputation of our travel agency. First-aid kit, adapted for this tour, is available at your guide.

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