

Treasures of Caucasus — Detailed description

Trip Length: 7 Group: 5-7 Departure: Fixed Period: May - July

Trip overview

This tour will make you fall in love with the Caucasus once and for all! Everyone who once meets the mountains, whose peaks touch the edge of the sky, ancient temples and fortresses that preserve their thousand-year history, mineral springs, which have absorbed all the healing power of nature, different nationalities, which from time immemorial carefully respect the Caucasian traditions and customs, will certainly change their attitude to this region of mountains and stormy rivers. The Caucasus is so complex and sometimes unbridled, but at the same time so attractive and welcoming.

During this tour you will find a journey through 6 completely different republics, each of which has its own specific flavor. You will be completely immersed in history: the medieval tower complexes Egikal and Targim in Ingushetia, as if frozen in time, ready to tell about the events of the distant past, to show how people's lives evolved and developed a multi-ethnic distinctive culture in this mountainous country. Excursions to modern cities - Pyatigorsk, Vladikavkaz and Grozny will open the Caucasus for you in a new light. Despite the differences in the beliefs and cultural traditions of the locals, they all have one thing in common: unlimited hospitality and the breadth of the "Caucasian soul". Only here you will taste aromatic Caucasian kebab, hearty khinkali and the famous Ossetian pie.

The other side of the journey is the majestic Caucasus Mountains with their amazing natural riches: Elbrus region, picturesque waterfalls, stormy rivers, alpine blue lakes, narrow gorges and endless valleys, as well as clean mountain air and many mineral springs!

You will find amazing meetings and acquaintances with the most beautiful places of the Caucasus, unique ancient monuments, memorable landscapes and good-natured people who are ready to show you the Caucasus as it really is.

Highlights

- 6 republics of the Caucasus in just 7 days
- See one of the seven wonders of Russia - Elbrus Mount
- Take a walk in the most famous cities of the Caucasus
- Touch the ancient fortresses, whose history goes back more than 1600 years
- Improve your health in the mineral springs of the Caucasus
- Taste delicious Caucasian cuisine
- See the most beautiful waterfalls in the Caucasus
- Visit the largest and most beautiful mosque - the mosque "Heart of Chechnya"

Tour type

DISCOVERYNATURE

Difficulty

Easy - nothing more than normal walking while sight-seeing

Comfort

Upgraded — all nights in comfortable rooms.

Begining / end of the tour

Tour starts: Pyatigorsk, End of the tour: Pyatigorsk

Program

Уникальный внутренний номер документа: 152139

ООО «БайкалНейче» 664007, г. Иркутск, ул. Декабрьских событий, 55, офис 405.2

+7 (3952) 26-56-94

ИНН 3811110257 КПП 384901001 ОГРН 1073811003221 Р/с 40702810110000700937 в АО "ТИНЬКОФФ БАНК"
БИК 044525974 Кор. Счет 30101810145250000974

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Day 1 — Pyatigorsk and its thermal springs

10:00 — Gathering the group in Mineralnye vody city

10:30 — Transfer to the hotel, check-in

12:30 — Lunch (Not included)

13:30 — Pyatigorsk city-tour

15:00 — Excursion to Zheleznovodsk

19:00 — Dinner (Not included)

Overnight in the hotel

Hotels: Accommodation in the hotel Intourist, Pyatigorsk, Twin room

Comfort: Comfortable accommodation, WC and bath / shower in room

Day 2 — Elbrus - the highest mountain of Russia

07:00 — Early breakfast

08:00 — Transfer to the Mount Elbrus region

11:00 — Visit of the Adyr-Su ravine

12:00 — Mount Cheguet lift

13:00 — Lunch in the cafe (Not included)

14:00 — Mount Elbrus lift

16:00 — Return to Pyatigorsk

19:00 — Dinner (Not included)

Overnight in the hotel

Hotels: Accommodation in the hotel Intourist, Pyatigorsk, Twin room

Comfort: Comfortable accommodation, WC and bath / shower in room

Day 3 — Vladikavkaz - the capital of the Republic of North Ossetia-Alania

08:00 — Breakfast in the hotel

09:00 — Transfer to Vladikavkaz

12:00 — Walking city-tour

14:00 — Lunch in the city (Not included)

15:00 — Transfer to Grozny city

17:00 — Evening excursion in the city Grozny

19:00 — Dinner (Not included)

Overnight in the hotel

Hotels: Accommodation in the hotel Berkat, Grozny, Twin room

Comfort: Comfortable accommodation, WC and bath / shower in room

Day 4 — Treasures of the Mountain Ingushetia

09:00 — Breakfast in the hotel

10:00 — Excursion to the Mountain Ingushetia

13:00 — Lunch (Not included)

15:00 — Transfer to Pyatigorsk

19:00 — Dinner (Not included)

Overnight in the hotel

Hotels: Accommodation in the hotel Intourist, Pyatigorsk, Twin room

Comfort: Comfortable accommodation, WC and bath / shower in room

Day 5 — Cheguem waterfalls

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09:00 — Breakfast in the hotel
10:00 — Excursion to the Cheguem Gorge
13:00 — Lunch (Not included)
15:00 — Return to the city, time at leisure.

Overnight in the hotel

Hotels: Accommodation in the hotel Intourist, Pyatigorsk, Twin room
Comfort: Comfortable accommodation, WC and bath / shower in room

Day 6 — Nature and culture of the Karachay-Cherkess Republic

08:00 — Breakfast in the hotel
08:30 — Departure to the Dombay valley, Karachay-Cherkess Republic
11:00 — Stop over near the river Ulu-Murundju
12:00 — Walking along the Dombay meadow
14:00 — Lunch (Not included)
15:00 — Chair-lift to the mounatin Mussa-Achitara
16:00 — Return to Pyatigorsk in the eveining
19:00 — Dinner (Not included)

Overnight in the hotel

Hotels: Accommodation in the hotel Intourist, Pyatigorsk, Twin room
Comfort: Comfortable accommodation, WC and bath / shower in room

Day 7 — Kislovodsk - the pearl of the Stavropol Krai

09:00 — Breakfast in the hotel
10:00 — Departure to the city of Kislovodsk
11:00 — Excursion to the city of Kislovodsk
13:30 — Lunch (Not included)
16:00 — Transfer to the airport to the city of Mineralnye vody, end of the programme

Departures

Start	End	Basic price per person
20.05.2022	26.05.2022	87300.00 RUB
24.06.2022	30.06.2022	87300.00 RUB
22.07.2022	28.07.2022	87300.00 RUB

Note

The price is given for the group of 5-6 persons. If there are less persons in the group, the price will be recalculated. For some visits foreign tourists need a special permission. We need at least 65 days for preparing this documents.

What's included

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Price includes

- Accommodation as per itinerary
- Transport as per itinerary
- Excursions and visits as per itinerary
- Letter of invitation
- Administrative registration
- English-speaking guide services
- Meals according to the program
- Breakfasts

Price does not include

- Personal expenses and tips
- Visa fees and travel insurance
- Beverages
- Airline tickets
- Reserves and national parks entrance permissions

Checklist & Equipment

We recommend you to pack all your stuff in two bags: a small backpack and a large travelling bag.

SMALL BACKPACK: will be useful for carrying your personal belongings during the day (camera, film, personal medication, bottled water, etc.) You will also use it as hand luggage during air travel for all your heavy (to lighten the travel bag in the luggage compartment), fragile (camera, etc.) and necessary (toilet bag, etc.) things.

BIG TRAVEL BAG or BIG BACKPACK: must contain the rest of your stuff. It will be in the luggage compartment during the flight. It will be transported by vehicles.

Recommended checklist

Shorts

T-shirts

Socks

Cap or hat to protect against sun

Comfortable walking shoes (like Vibram or similar)

Comfortable shoes for city

Sunscreen for skin and lips

Sunglasses with filter

Flask

Towel

Swimsuit

Wipes

Meals

If you are a vegetarian or have any particular preferences, please let us know, so we could adapt the menu.

Visa

You need a tourist visa to travel to Russia. It can be issued for a maximum period of 30 days. Your passport has to be valid for at least six months after the expiry date of your visa and to have at least two blank pages.

BaikalNature offers visa support and has created "BaikalNature letter of invitation" package. If you buy a BaikalNature tour, this package is absolutely free; when you buy any other BaikalNature service, you will have to pay for this package.

For more information please contact your nearest Russian Embassy or Visa Application Center.

Money

The Russian currency is ruble. In all cities and many large villages of Russia, you can easily withdraw rubles, using a Visa or MasterCard, from ATMs, located in banks, department stores or hotel lobbies, some of them are open 24 hours a day. If you have euros or dollars with

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you, exchange offices will allow you to change them easily in the cities, seldom in the countryside. However, it can be difficult to exchange traveler's checks, even in cities.

Tipping

All persons who compose the BaikalNature travel team (guides, drivers, cooks, etc.) are paid a decent wage for their services and do not expect any tips from you. So you have no obligation to leave anything. If you really want to express your satisfaction by leaving a gratuity, and if it is in foreign currency, be aware that torn or glued coins and banknotes cannot be exchanged. Anyway, thank you for your tips, left at your discretion in envelopes.

Health

No compulsory vaccination.

You need to get a health examination before a great trip. Consult your doctor. Get a dental checkup. If you have health problems that could worsen during the trip, make sure you have taken all your medications with you.

Provide a first aid kit that includes among other items:

- aspirin or paracetamol,
- anti-diarrheal pills,
- antiseptic,
- adhesive plaster,
- sterile pads.

If you have individual diseases, make sure you have taken your medications.

Medical Form

No particular physical condition is required.

Emergency Contact

You can contact BaikalNature by phone: +73952 26 56 94.

In addition, your call will be forwarded to your manager, reachable 7/7.

Legal Mentions

Professional Guarantees: BaikalNature LLC (ООО "БайкалНейче"), United Federal Register of Tour Operators number: RTO 009402.

Financial Guarantee: "Gaide insurance company" JSC (АО "Страховая компания Гайде"). Insurance contract N 10058/21-49 from October 08, 2021. Amount of coverage: 500 000 RUB. Legal and actual address: BaikalNature LLC 119A Dekabrskikh Sobyti Str., office 13 664007 Irkutsk Russia

Cancellation Options

The cancellation options are:

- more than 30 days before departure - 15% of the tour price,
- 29 - 7 days before departure - 30% of the tour price,
- less than 7 days before departure - 50% of the tour price.

Security

The travelers' security is our primary aim and also the long-term reputation of our travel agency. First-aid kit, adapted for this tour, is available at your guide.

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