

# Baikal By Kayak — Detailed description

Trip Length: Group: 2-8 Departure: Fixed Period: December - January

#### Trip overview

White sand of beaches and crystal clear water of creeks will make you think of Cote d'-Azur, endless steppes - of Mongolia and nothing will remind you that you are in the very heart of Siberia, on Lake Baikal. The lake absorbed all the diversity of various types of landscapes we invite you to discover on this kayaking tour. After a familiarization day on the Angara River, the only outflow of the Baikal, we will leave for a 4-day autonomy of travelling up the lake to Olkhon Island, holy land for shamans. We will follow the west shore of the lake, from cape to cape, from creek to creek, discovering treasures of wild nature of Lake Baikal. One kayaking day will be spent on exploring the shoreline of Olkhon and its unique landscapes. Here is the essence of this fanatstic adventure.

## **Highlights**

- "Off the beaten path" itinerary aimed at discovering inaccessible spots of Lake Baikal
- · Alternation of activities trekking, kayaking, cultural discoveries

### Tour type

**NATURE** 

### Difficulty

Moderately Easy - 1-3 hours of physical activity daily

#### Comfort

Standard — most of nights in comfortable rooms, some nights in tents or rooms with shared WC.

# **Program**

Day 1 — -

Day 2 — -

Day 3 — -

Day 4 — -

Day 5 — -

Day 6 — -

Day 7 — -

Day 8 — -

Day 9 — -

Day 10 — -

Day 11 — -

Уникальный внутренний номер документа: 545556



Day 12 — -

#### **Departures**

New departures available soon

#### Note

Breakfast on Day 1; lunch on Day 11, 12; dinner on Day 12 are not included. In July-August private boat in tour can be replaced with hydrofoil. In this case departures are possible on Monday only, and the price list would be as follows: 106270 RUB / person for the group of 2 participants; 84280 RUB / person for the group of 3-4 participants; 65045 RUB / person for the group of 5-8 participants.

#### What's included

#### Price includes

- · English-speaking guide
- Russian-speaking guide services
- · Accommodation as per itinerary
- Transport as per itinerary
- Meals
- · Excursions and visits as per itinerary
- · Reserves and national parks entrance permissions
- Banya
- Letter of invitation

#### Price does not include

- Medical insurance
- · Administrative registration
- · Personal expenses and tips
- Visa fees and travel insurance
- · Transfer from airport / railway station on first day
- Transfer to airport / railway station on last day

### **Checklist & Equipment**

It is hot in summer at Lake Baikal area. Nevertheless, you should always have something to put on, as weather in Siberia is very changeable.

If you plan your trip in May or September, please feel free to bring your hat, gloves and windjacket in case of snow or rain. June is also pretty cool.

July and August are the hottest months, which offer you temperatures of 25 ° - 35 ° at daytime and 15 ° - 18 ° at night. On the shores of Lake Baikal, like in the Alps, you should wear T-shirts and shorts in the sunny afternoons, sweaters and jackets in the cool evenings. We recommend you to pack all your stuff in two bags: a small backpack and a large travelling bag.

SMALL BACKPACK: will be useful for carrying your personal belongings during the day (camera, film, personal medication, bottled water, etc.) You will also use it as hand luggage during air travel for all your heavy (to lighten the travel bag in the luggage compartment), fragile (camera, etc.) and necessary (toilet bag, etc.) things.

BIG BACKPACK: must contain the rest of your stuff. It will be in the luggage compartment during the flight. You will bring it during some days of the trekking.

This trip is carried out in kayaks type "Taymen" or "Salut" for 2 to 3 people.

#### Recommended checklist

Sleeping bag rated from 0° C to +15° C

Raincoat or wind and waterproof shell jacket (with hood !)

Large 60 litres backpack

POLARTEC or similar pullover

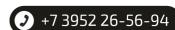
Windproof waterproof pants and jacket (GORE-TEX, EVENT, SIMPA-TEX)

Trekking pants

Long sleeve shirts or sweatshirts

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**Shorts** 

T-shirts

Socks

Cap or hat to protect against sun

Foulard or tagelmust

Comfortable walking shoes (like Vibram or similar)

Headlamp

Sunscreen for skin and lips

Sunglasses with filter

Toilet roll

Pocket knife (to put in checked baggage)

Flask

Flip-flops for banya

Sewing kit

Fleece jacket or warm sweater

Moisturizer

Lipstick

Bath towel

Swimsuit

Important travel documents: Passport and visa, original or electronic airplane tickets (with a sets of photocopies kept separately), bank card Tick and mosquitoes repellent spray

Forceps for extracting ticks

Wipes

Antibacterial hand gel

Wristwatch or pocket alarm clock

Charger and spare battery for camera/phone

Photo / video camera

Tour vouchers and programme

Ice cleats

Laundry detergent to wash your clothes

#### Meals

In the canteen at the inns, fresh local products.

Homestay cuisine based on fresh products.

Cold lunch and hot dinner, cooked on an open fire in the evening.

If you are a vegetarian or have any particular preferences, please let us know, so we could adapt the menu.

#### Laundry

Some hotels and inns offer laundry services for a variable sum of money. It is sometimes possible to use laundry services at homestay (when there is running water) for a fee.

### Visa

You need a tourist visa to travel to Russia. It can be issued for a maximum period of 30 days. Your passport has to be valid for at least six months after the expiry date of your visa and to have at least two blank pages.

BaikalNature offers visa support and has created "BaikalNature letter of invitation" package. If you buy a BaikalNature tour, this package is absolutely free; when you buy any other BaikalNature service, you will have to pay for this package.

For more information please conact your nearest Russian Embassy or Visa Application Center.

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### Money

The Russian currency is ruble. In all cities and many large villages of Russia, you can easily withdraw rubles, using a Visa or MasterCard, from ATMs, located in banks, department stores or hotel lobbies, some of them are open 24 hours a day. If you have euros or dollars with you, exchange offices will allow you to change them easily in the cities, seldom in the countryside. However, it can be difficult to exchange traveler's checks, even in cities.

### **Tipping**

All persons who compose the BaikalNature travel team (guides, drivers, cooks, etc.) are paid a decent wage for their services and do not expect any tips from you. So you have no obligation to leave anything. If you really want to express your satisfaction by leaving a gratuity, and if it is in foreign currency, be aware that torn or glued coins and banknotes cannot be exchanged. Anyway, thank you for your tips, left at your discretion in envelopes.

#### Health

No compulsory vaccination.

It is advisable to keep the following vaccines valid:

- · diphtheria,
- tetanus,
- · Polio.

Tick-borne encephalitis is present in areas of forest, taiga where ticks are the carriers of encephalitis between May and July. As of August, they are no longer carrying the virus. If you do not get vaccinated, you should follow the basic precautions, including:

- · protective clothes
- · use of repellents
- · daily check of the skin.

It is also possible to take out special insurance covering the analysis of the insect and vaccines.

Provide a first aid kit that includes among other items:

- aspirin or paracetamol,
- anti-diarrheal pills,
- antiseptic,
- adhesive plaster,
- sterile pads.

If you have individual diseases, make sure you have taken your medications.

## **Emergency Contact**

You can contact BaikalNature by phone: +73952 26 56 94.

In addition, your call will be forwarded to your manager, reachable 7/7.

## **Legal Mentions**

Professional Guarantees: BaikalNature LLC (ООО "БайкалНейче"), United Federal Register of Tour Operators number: RTO 009402. Financial Guarantee: "Gaide insurance company" JSC (АО "Страховая компания Гайде"). Insurance contract N 7890/22-49 from September 19, 2022. Amount of coverage: 500 000 RUB. Legal and actual address: BaikalNature LLC, 55 Dekabrskikh Sobyti Str., office 405.2 664007 Irkutsk Russia

### **Travel Insurance**

In addition to your personal insurance, you have an opportunity to purchase local insurance. Please, do not hesitate to ask us about our services.

### Security

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First-aid kit, satellite phone, walkie-talkie are available at your guide.

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