

## Sea kayaking on the White Sea — Detailed description

Trip Length: Group: 6-10 Departure: Fixed Period: December - January

### Trip overview

The unique and mysterious White Sea has attracted travelers with its beauty from ancient times. This trip is designed for true explorers, lovers of the boreal wilderness austere. By traveling by sea kayak we will discover not only the scenic beauty of the North Karelia but also the Hyperborean and Saami ancient cultures, the remains of old stone buildings, mazes and sacred places.

The journey begins in the town of Kem where you can come by night train from Moscow or St. Petersburg in the early morning or the day before.

The route is given as an indication and will depend on weather conditions. All equipment and the majority of affairs will be transported by a support boat all throughout the trip.

To take part in this trip you must be in a very good physical condition. The trip is not recommended for children and people with medical restrictions.

It is possible to extend this tour with a discovery day of the Solovki islands and of the Solovetsky Monastery, in addition.

Models of kayaks used: Prijon excursion / Prijon Kodiak

### Highlights

- Possibility to complete the trip with a discovery day of the Solovki islands
- Discovery of the ancient cultures of the Hyperboreans and Saami
- Discovery of the boreal wilderness of Northern Karelia
- Flexible itinerary with an exploratory aspect

### Tour type

NATURE

### Difficulty

Moderately Easy - 1-3 hours of physical activity daily

### Comfort

Basic — most of nights in tents or rooms with shared WC, some nights in comfortable rooms.

### Program

Day 1 — -

Day 2 — -

Day 3 — -

Day 4 — -

Day 5 — -

Day 6 — -

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Day 7 — -

Day 8 — -

## Departures

New departures available soon

## Note

Train tickets are available as an option, please, ask us.

## What's included

### Price includes

- Russian-speaking guide services
- Accommodation as per itinerary
- Transport a per itinerary
- Meals as per itinerary
- Camping outfit rental
- Sleeping bag rental
- Kayak and equipment rental
- Dry bag rental

### Price does not include

- Personal expenses and tips
- Railway tickets

## Recommended checklist

underwear, socks (several pairs)

swimsuit / swim trunks

towel

wet wipes and antibacterial hand gel

water bottle/flask

sleeping bag

winter (down) jacket and warm pants (windproof and waterproof) / winter suit

comfortable winter boots (suitable for walking on ice and snow)

fleece jacket/sweater with collar

comfortable warm hat and scarf (snood)

winter expedition boots (like Sorel or Baffin)

2

11

12

13

14

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32

## Meals

Lunch cooked on an open fire.

Breakfast and dinner prepared on fire, bivouac. Lunch at the picnic, hot water in thermos.

## Tipping

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All persons who compose the BaikalNature travel team (guides, drivers, cooks, etc.) are paid a decent wage for their services and do not expect any tips from you. So you have no obligation to leave anything. If you really want to express your satisfaction by leaving a gratuity, and if it is in foreign currency, be aware that torn or glued coins and banknotes cannot be exchanged. Anyway, thank you for your tips, left at your discretion in envelopes.

## Health

No compulsory vaccination.

You need to get a health examination before a great trip. Consult your doctor. Get a dental checkup. If you have health problems that could worsen during the trip, make sure you have taken all your medications with you.

## Emergency Contact

In Western Russia, you can contact BaikalNature by phone: +7 499 705 65 58

## Legal Mentions

Professional Guarantees: BaikalNature LLC (ООО "БайкалНейче"), United Federal Register of Tour Operators number: RTO 009402.

Financial Guarantee: "Gaide insurance company" JSC (АО "Страховая компания Гайде"). Insurance contract N 4875/2422-49 from August 6, 2024. Amount of coverage: 500 000 RUB. Legal and actual address: BaikalNature LLC, 55 Dekabrskikh Sobyti Str., office 204.1 664007 Irkutsk Russia

## Security

Your safety is very important to us! During the trip we ask you to follow the guide's advice, read the instructions carefully and follow the group. If you have any questions or experience any discomfort, please notify your guide or tour-manager immediately.

2

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