

## Kayaking & trekking on the Russian Arctic with Pavel Ageychenko — Detailed description

Trip Length: 7 Group: 3-6 Departure: Fixed Period: December - January

### Trip overview

We get burned up with a great idea to combine a visit to the two largest massifs of the Kola Peninsula - Khibiny and Lovozero. The key to our solution became Lake Umbozero, translated from the Sami language as a closed lake or surrounded by mountains. On both sides of the lake, there are immense mountain ranges of incredible beauty, and their heart is the picturesque Umbozero Lake. So, we have a special plan for you!

What about crossing the deepest lake of the Kola Peninsula from north to south by kayaks. It's a perfect spot for kayaking, as it's surrounded by breath-taking mountains and lake scenery. On the west side, you can see the spectacular Lovozero massif with its tiny bays and pebble beaches, on the east side, we admire the oldest mountains Khibiny. Apart kayaking, we offer exciting trekking to some unique sights and place of power.

We will look into the secluded corners of the mountain ranges and follow along the absolutely wild paths of the Kola Peninsula. The entire route is far from civilization: just you and the wilderness. And the combination of the water-hiking route is ideal for outdoor holiday!

In summer 2021 the trip will be guided by Pavel Ageychenko, the founder of BaikalNature, who will pass on to you his virus of the passion for the great outdoors of Russia!

### Highlights

- Best itinerary to explore Lovozero and Khibiny
- Discovery the deepest and one of the largest lake of the Russian Arctic
- Kayaking in the heart of the Kola Peninsula
- Trekking to some hidden unique places
- Full immerse in wild nature beyond the Arctic circle
- Possibility to see the northern lights
- Romantic overnights in tents under starry sky
- Tour is led by professional guides

### Tour type

ACTIVENATURE

### Difficulty

Extreme - 7+ hours of challenging/extreme physical activity daily

### Comfort

Basic — most of nights in tents or rooms with shared WC, some nights in comfortable rooms.

### Beginning / end of the tour

Tour starts: Murmansk, End of the tour: Murmansk

### Program

#### Day 1 — Arrival in Murmansk

09:35 — Arrival to the Murmansk airport

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10:00 — Departure to lake Umbozero  
13:00 — Lunch at the base  
14:00 — Kayaking on lake Umbozero  
18:00 — Setting up the camp and rest  
19:00 — Dinner on fire  
Overnight in tent  
Hotels: Camping,

### Day 2 — Along Lake Umbozero on kayaks

09:00 — Breakfast in the camp  
11:00 — Navigation on kayak  
13:00 — Outdoor lunch  
15:00 — Continuation of the way  
19:00 — Dinner  
Overnight in tent  
Hotels: Camping,

### Day 3 — Trekking in Lovozero massif

09:00 — Breakfast  
11:00 — Trekking to lake Rayvr  
13:00 — Lunch picnic  
15:00 — Arrival to Uzury  
19:00 — Dinner on fire  
Overnight in tent  
Hotels: Camping,

### Day 4 — Discovery of the Khibiny massif

09:00 — Breakfast  
11:00 — Kayaking to Khibiny massif  
13:00 — Lunch picnic  
17:00 — Set up the camp and rest  
19:00 — Dinner on fire  
Overnight in tent  
Hotels: Camping

### Day 5 — Day of trekking in Khibiny

09:00 — Breakfast  
11:00 — Khibiny mountain by foot  
13:00 — Lunch - picnic  
15:00 — Return to the camp  
19:00 — Dinner on fire  
Overnight in tent  
Hotels: Camping,

### Day 6 — Last day of kayaking

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09:00 — Breakfast  
11:00 — Navigation on Kayak  
13:00 — Lunch picnic  
15:00 — Accommodation at the tourist base  
19:00 — Dinner at the base  
20:00 — Russian banya  
Overnight at the base  
Hotels: Accommodation at the tourist base Zasheek, Room for 2-4 people  
Comfort: Comfortable accommodation, WC and shower on the floor

### Day 7 — End of the tour

09:00 — Breakfast  
11:00 — Transfer to Murmansk

### Departures

Start	End	Basic price per person
23.08.2021	29.08.2021	36700.00 RUB

### Note

Departure is guaranteed for the group of 6 people. If it is less number of participants, the price will be recalculated. For every participant it is provided: vest, neoprene slippers and gloves, plate, mug, tent, sleeping bag, Accommodation in tents is possible for one, two and three people. The tour is held on single and double kayaks.

### What's included

#### Price includes

- English-speaking guide
- Accommodation as per itinerary
- Accident insurance
- Tent rental
- Sleeping bag rental
- Kayak and equipment rental
- Meals according to the program

#### Price does not include

- English-speaking guide
- Meals as per itinerary
- Personal expenses and tips
- Visa fees and travel insurance
- Airline tickets

### Checklist & Equipment

If you are traveling in the spring or autumn, please check with your manager for a list of recommended equipment and an approximate weather forecast.

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### Recommended checklist

underwear, socks (several pairs)  
pants, long sleeve jacket/tracksuit  
warm jacket (for example, fleece) or light jacket  
raincoat / windproof and waterproof jacket with HOOD!  
sunglasses

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sunscreen and lip balm  
swimsuit / swim trunks  
towel  
water bottle/flask  
spray against mosquitoes and ticks (for summer outdoor tours)  
sleeping bag  
winter (down) jacket and warm pants (windproof and waterproof) / winter suit  
comfortable winter boots (suitable for walking on ice and snow)  
fleece jacket/sweater with collar  
warm mittens (for convenience, thin gloves and a second layer of mittens with fur) / ski gloves  
thermal socks  
winter expedition boots (like Sorel or Baffin)  
3  
12  
13  
14  
16  
21

### Meals

Cold lunch and hot dinner, cooked on an open fire in the evening.  
If you are a vegetarian or have any particular preferences, please let us know, so we could adapt the menu.

### Visa

You need a tourist visa to travel to Russia. It can be issued for a maximum period of 30 days. Your passport has to be valid for at least six months after the expiry date of your visa and to have at least two blank pages.

BaikalNature offers visa support and has created "BaikalNature letter of invitation" package. If you buy a BaikalNature tour, this package is absolutely free; when you buy any other BaikalNature service, you will have to pay for this package.

For questions regarding obtaining an electronic visa, please contact your tour manager.

### Money

The Russian currency is ruble. The cost of travel and other services is always fixed in rubles. Please note that cards from foreign banks do not work in Russia at the moment. Tourists can obtain a bank card from a Russian bank in advance or travel with cash. If you have euros or dollars with you, exchange offices will allow you to change them easily in the cities. It is also worth noting that the exchange rate at airports is usually not the most favorable. It is better to exchange in big cities (you can check the current exchange rate online). Important! Only new banknotes without defects or any traces are accepted for exchange.

### Tipping

All persons who compose the BaikalNature travel team (guides, drivers, cooks, etc.) are paid a decent wage for their services and do not expect any tips from you. So you have no obligation to leave anything. If you really want to express your satisfaction by leaving a gratuity, and if it is in foreign currency, be aware that torn or glued coins and banknotes cannot be exchanged. Anyway, thank you for your tips, left at your discretion in envelopes.

### Health

You need to get a health examination before a great trip. Consult your doctor. Get a dental checkup. If you have health problems that could worsen during the trip, make sure you have taken all your medications with you.

### Medical Form

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You should be physically fit enough for this tour.

### Emergency Contact

You can contact BaikalNature by phone: +7 924 531 87 01 (What's App, Telegram, Viber)

In addition, your call will be forwarded to your manager, reachable 7/7.

### Legal Mentions

Professional Guarantees: BaikalNature LLC (ООО "БайкалНейче"), United Federal Register of Tour Operators number: RTO 009402.

Financial Guarantee: "Gaide insurance company" JSC (АО "Страховая компания Гайде"). Insurance contract N 4875/2422-49 from August 6, 2024. Amount of coverage: 500 000 RUB. Legal and actual address: BaikalNature LLC, 55 Dekabrskikh Sobyti Str., office 204.1 664007 Irkutsk Russia

### Cancellation Options

The cancellation options are:

- more than 40 days before departure - 30 % of the tour price,
- 39 - 10 days before departure - 60 % of the tour price,
- less than 10 days before departure - 100 % of the tour price.

### Security

Your safety is very important to us! During the trip we ask you to follow the guide's advice, read the instructions carefully and follow the group. If you have any questions or experience any discomfort, please notify your guide or tour-manager immediately.

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ООО «БайкалНейче» 664007, г. Иркутск, ул. Декабрьских событий, 55, офис 405.2

+7 (3952) 26-56-94

ИНН 3811110257 КПП 384901001 ОГРН 1073811003221 Р/с 40702810110000700937 в АО "ТИНЬКОФФ БАНК"  
БИК 044525974 Кор. Счет 30101810145250000974

 [baikalnature.com](https://baikalnature.com)

 +7 3952 26-56-94