

## Taste of Nomad Life — Detailed description

Trip Length:    Group: 1-10    Departure: Fixed    Period: December - January

### Trip overview

Several tens of kilometres separate Ulan Bator, the Mongolian capital, from the Terelj National Park. It is perfect area to experience a real nomad life for those who have no time for a longer stay in Mongolia.

You will drive in the wildest part of the park, between dark forests, amazing rock formations and pure rivers. The nomad family that will accommodate you used to settle every year in summer on the shore of the Terelj River. They will let you in the nomad daily life. On foot or by horse you will discover picturesque sceneries on the Gorkhi Terelj Range.

### Highlights

- Discovery of nomad daily life
- Immersion in a Mongolian family
- Horse ride in a wild untouched nature
- The Trans-Mongolian part

### Tour type

NATURE

### Difficulty

Easy - nothing more than normal walking while sight-seeing

### Comfort

Basic — most of nights in tents or rooms with shared WC, some nights in comfortable rooms.

### Program

Day 1 — -

Day 2 — -

Day 3 — -

### Departures

New departures available soon

### Note

### What's included

Уникальный внутренний номер документа: 545574

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**Price includes**

- Lunches
- Transfers in Irkutsk
- English-speaking guide
- Accommodation as per itinerary
- Transport as per itinerary
- Meals
- Excursions and visits as per itinerary
- Reserves and national parks entrance permissions
- Transfer from airport / railway station on first day
- Transfer to airport / railway station on last day
- Transport
- Letter of invitation
- Horse and equipment rental
- Sleeping bag rental

**Price does not include**

- Medical insurance
- Personal expenses and tips
- Visa fees and travel insurance
- Optional activities

**Checklist & Equipment**

We recommend you to pack all your stuff in two bags: a small backpack and a large travelling bag.

**SMALL BACKPACK:** will be useful for carrying your personal belongings during the day (camera, film, personal medication, bottled water, etc.) You will also use it as hand luggage during air travel for all your heavy (to lighten the travel bag in the luggage compartment), fragile (camera, etc.) and necessary (toilet bag, etc.) things.

**BIG TRAVEL BAG or BIG BACKPACK:** must contain the rest of your stuff. It will be in the luggage compartment during the flight. It will be transported by vehicles.

**Recommended checklist**

Universal AC power outlet  
POLARTEC or similar pullover  
Windproof waterproof pants and jacket (GORE-TEX, EVENT, SIMPA-TEX)  
Trekking socks  
Trekking pants  
Long sleeve shirts or sweatshirts  
Shorts  
T-shirts  
Socks  
Cap or hat to protect against sun  
Foulard or tagelmust  
Comfortable walking shoes (like Vibram or similar)  
Comfortable shoes for city  
Headlamp  
Sunscreen for skin and lips  
Sunglasses with filter  
Toilet roll  
Pocket knife (to put in checked baggage)  
Flask  
Sewing kit  
Fleece jacket or warm sweater

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Moisturizer

Lipstick

Important travel documents: Passport and visa, original or electronic airplane tickets (with a sets of photocopies kept separately), bank card

Wipes

Antibacterial hand gel

Wristwatch or pocket alarm clock

Charger and spare battery for camera/phone

Photo / video camera

Tour vouchers and programme

Currency in euros, dollars

Ice cleats

Laundry detergent to wash your clothes

## Meals

At restaurants and homestays in cities, traditional cuisine consists of local specialties.

If you are a vegetarian or have any particular preferences, please let us know, so we could adapt the menu.

## Laundry

Some hotels and inns offer laundry services for a variable sum of money. It is sometimes possible to use laundry services at homestay (when there is running water) for a fee.

## Visa

You need a tourist visa to travel to Mongolia. It can be issued for a maximum period of 30 days. Your passport has to be valid for at least six months after the expiry date of your visa and to have at least two blank pages.

Documents to provide consular services:

- a visa application form (completed on computer or with a black ballpen),
- a color photo for documents, 3.5 x 4.5 cm, to stick on the visa application form,
- invitation,
- travel insurance, provided by nsurance company, which protects you throughout your trip .

For more information, please see "Do I need a tourist visa to travel to Russia or Mongolia?" of our FAQ.

## Money

The Mongolian currency is Tugrik. In Ulan Bator, you can safely withdraw tugriks, using a Visa or MasterCard, from ATMs, located in banks, department stores and hotel lobbies. You also will exchange your euros or dollars easily in many exchange offices. However, it can be very difficult to exchange traveler's checks. Outside of Ulan Bator, even in towns, money withdrawal and exchange are much more difficult.

## Tipping

All persons who compose the BaikalNature travel team (guides, drivers, cooks, etc.) are paid a decent wage for their services and do not expect any tips from you. So you have no obligation to leave anything. If you really want to express your satisfaction by leaving a gratuity, and if it is in foreign currency, be aware that torn or glued coins and banknotes cannot be exchanged. Anyway, thank you for your tips, left at your discretion in envelopes.

## Health

No compulsory vaccination.

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You need to get a health examination before a great trip. Consult your doctor. Get a dental checkup. If you have health problems that could worsen during the trip, make sure you have taken all your medications with you.

Provide a first aid kit that includes among other items:

- aspirin or paracetamol,
- anti-diarrheal pills,
- antiseptic,
- adhesive plaster,
- sterile pads.

If you have individual diseases, make sure you have taken your medications.

## Emergency Contact

You can contact BaikalNature by phone: +73952 26 56 94.

In addition, your call will be forwarded to your manager, reachable 7/7.

## Legal Mentions

Professional Guarantees: BaikalNature LLC (ООО "БайкалНейче"), United Federal Register of Tour Operators number: RTO 009402.

Financial Guarantee: "Gaide insurance company" JSC (АО "Страховая компания Гайде"). Insurance contract N 7890/22-49 from September 19, 2022. Amount of coverage: 500 000 RUB. Legal and actual address: BaikalNature LLC, 55 Dekabrskikh Sobyti Str., office 405.2 664007 Irkutsk Russia

## Travel Insurance

In addition to your personal insurance, you have an opportunity to purchase local insurance. Please, do not hesitate to ask us about our services.

## Security

The travelers' security is our primary aim and also the long-term reputation of our travel agency. First-aid kit, adapted for this tour, is available at your guide.

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