

## Trekking from Listvyanka to Bolshiye Koty — Detailed description

Trip Length: 2 Group: 1-6 Departure: Fixed Period: December - January

### Trip overview

This trek starts from Listvyanka and takes 6 to 8 hours, depending on pace. The trail follows the shore through the cliffs, beaches and forest. In Bolshiye Koty we will climb the mount to meditate in celestial silence admiring the panorama of the lake, we will go for a walk in taiga, and, if we have more strength, we will climb Skriper cape to enjoy this marvellous viewing point that takes one's breath away... In the village we will stay with a local family. We will make our way back by hydrofoil "Raketa".

### Highlights

- Trek in breathtaking landscapes
- Discovery of typical Siberian village
- Real Russian banya

### Tour type

ACTIVENATURE

### Difficulty

Challenging - 5-7 hours of challenging physical activity daily

### Comfort

Basic — most of nights in tents or rooms with shared WC, some nights in comfortable rooms.

### Begining / end of the tour

Tour starts: Listvyanka, End of the tour: Listvyanka

### Program

#### Day 1 — Trekking along the Baikal western shore

10:00 — Meeting with the group in Listvyanka

10:30 — Trekking to Bolshiye Koty village

13:00 — Picnic en route

18:00 — Arrival to the village and accommodation in the homestay

18:30 — Russian banya (sauna)

19:30 — Dinner

Overnight in the homestay

Hotels: Accommodation the guest house Solnechniy, Bed in the twin room

Comfort: Simple comfort accommodation, dry closet indoors, banya

#### Day 2 — Return to Listvyanka

09:00 — Breakfast

10:00 — Ascending the mount with a panoramic view

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12:00 — Lunch

13:00 — Trekkign to Skripper rock

18:00 — Return to Listvyanka

## Departures

Start	End	Basic price per person
06.06.2020	07.06.2020	20200.00 RUB
18.06.2020	19.06.2020	20200.00 RUB
30.06.2020	01.07.2020	20200.00 RUB
17.07.2020	18.07.2020	20200.00 RUB
31.07.2020	01.08.2020	20200.00 RUB
08.08.2020	09.08.2020	20200.00 RUB
29.08.2020	30.08.2020	20200.00 RUB
02.09.2020	03.09.2020	20200.00 RUB

## Note

The indicated price is for the group of 3 participants minimum. If there are less persons in the group, the small group supplement is applied: - for a group of 2 participants, a supplement is 5 600 roubles / per person - for an individual tourist , a supplement is 19 500 roubles. The trekking can be organised any dates from mid-May to mid-September. ATTENTION! For trekking tours in taiga, we advise you to get a vaccination for tick-borne encephalitis and be insured against tick bites.

## What's included

### Price includes

- English-speaking guide
- Accommodation as per itinerary
- Reserves and national parks entrance permissions
- Letter of invitation
- Banya
- Meals according to the program

### Price does not include

- Medical insurance
- Personal expenses and tips
- Visa fees and travel insurance
- Airline tickets
- Accident insurance

## Checklist & Equipment

It is hot in summer at Lake Baikal area. Nevertheless, you should always have something to put on, as weather in Siberia is very changeable.

If you plan your trip in May or September, please feel free to bring your hat, gloves and windjacket in case of snow or rain.

June is also pretty cool.

July and August are the hottest months, which offer you temperatures of 25 ° - 35 ° at daytime and 15 ° - 18 ° at night. On the shores of Lake Baikal, like in the Alps, you should wear T-shirts and shorts in the sunny afternoons, sweaters and jackets in the cool evenings.

## Recommended checklist

Raincoat or wind and waterproof shell jacket (with hood !)

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Large 60 litres backpack  
POLARTEC or similar pullover  
Shorts  
T-shirts  
Socks  
Cap or hat to protect against sun  
Comfortable walking shoes (like Vibram or similar)  
Sunscreen for skin and lips  
Sunglasses with filter  
Flask  
Flip-flops for banya  
Bath towel  
Swimsuit  
Tick and mosquitoes repellent spray  
Wipes

### Meals

Homestay cuisine based on fresh products.

If you are a vegetarian or have any particular preferences, please let us know, so we could adapt the menu.

### Visa

You need a tourist visa to travel to Russia. It can be issued for a maximum period of 30 days. Your passport has to be valid for at least six months after the expiry date of your visa and to have at least two blank pages.

BaikalNature offers visa support and has created "BaikalNature letter of invitation" package. If you buy a BaikalNature tour, this package is absolutely free; when you buy any other BaikalNature service, you will have to pay for this package.

For more information please contact your nearest Russian Embassy or Visa Application Center.

### Money

The Russian currency is ruble. In all cities and many large villages of Russia, you can easily withdraw rubles, using a Visa or MasterCard, from ATMs, located in banks, department stores or hotel lobbies, some of them are open 24 hours a day. If you have euros or dollars with you, exchange offices will allow you to change them easily in the cities, seldom in the countryside. However, it can be difficult to exchange traveler's checks, even in cities.

### Tipping

All persons who compose the BaikalNature travel team (guides, drivers, cooks, etc.) are paid a decent wage for their services and do not expect any tips from you. So you have no obligation to leave anything. If you really want to express your satisfaction by leaving a gratuity, and if it is in foreign currency, be aware that torn or glued coins and banknotes cannot be exchanged. Anyway, thank you for your tips, left at your discretion in envelopes.

### Health

You need to get a health examination before a great trip. Consult your doctor. Get a dental checkup. If you have health problems that could worsen during the trip, make sure you have taken all your medications with you.

It is advisable to keep the following vaccines valid:

- diphtheria,
- tetanus,
- Polio.

Tick-borne encephalitis is present in areas of forest, taiga where ticks are the carriers of encephalitis between May and July. As of August,

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they are no longer carrying the virus. If you do not get vaccinated, you should follow the basic precautions, including:

- protective clothes
- use of repellents
- daily check of the skin.

It is also possible to take out special insurance covering the analysis of the insect and vaccines.

Provide a first aid kit that includes among other items:

- aspirin or paracetamol,
- anti-diarrheal pills,
- antiseptic,
- adhesive plaster,
- sterile pads.

If you have individual diseases, make sure you have taken your medications.

### Medical Form

A good physical condition is required.

### Emergency Contact

You can contact BaikalNature by phone: +73952 26 56 94.

In addition, your call will be forwarded to your manager, reachable 7/7.

### Legal Mentions

Professional Guarantees: BaikalNature LLC (ООО "БайкалНейче"), United Federal Register of Tour Operators number: RTO 009402.

Financial Guarantee: "Gaide insurance company" JSC (АО "Страховая компания Гайде"). Insurance contract N 7902/20-49 from October 08, 2020. Amount of coverage: 500 000 RUB. Legal and actual address: BaikalNature LLC 119A Dekabrskikh Sobyti Str., office 13 664007 Irkutsk Russia

### Cancellation Options

The cancellation options are:

- more than 30 days before departure - 15% of the tour price,
- 29 - 7 days before departure - 30% of the tour price,
- less than 7 days before departure - 50% of the tour price.

### Travel Insurance

In addition to your personal insurance, you have an opportunity to purchase local insurance. Please, do not hesitate to ask us about our services.

### Security

The travelers' security is our primary aim and also the long-term reputation of our travel agency. First-aid kit, adapted for this tour, is available at your guide.

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