

## Winter Crossing of Lake Baikal from Tanhoy to Listvyanka — Detailed description

Trip Length: Group: 1-10 Departure: Fixed Period: December - January

### Trip overview

In February Lake Baikal freezes over and allows everyone to enjoy unforgettable hiking. White snow sparkling in the sun, transparent Baikal ice cover, piles of ice several metres high, stalactites and stalagmites remind of the North Pole. It is in this Arctic atmosphere that we will cross Lake Baikal, 40 km (25 mi) from east to west. During first two days we will go independently using sleds to transport our luggage, spend night in tent in the middle of Lake Baikal, cook our dinner on the very ice.

The hike does not require a high level of fitness. It is accessible to everyone who is fond of hiking and not afraid of cold. Do not forget to equip yourself with good spirits and unforgettable experience is guaranteed !

### Highlights

- Trekking in the atmosphere of Polar landscapes
- Crossing of Lake Baikal, the deepest lake in the world
- Visiting museums and discovery of the fauna and flora of Lake Baikal

### Tour type

NATURE

### Difficulty

Moderate - 3-5 hours of physical activity daily

### Comfort

Standard — most of nights in comfortable rooms, some nights in tents or rooms with shared WC.

### Program

Day 1 — -

Day 2 — -

Day 3 — -

### Departures

New departures available soon

### Note

### What's included

Уникальный внутренний номер документа: 545403

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ИНН 3811110257 КПП 384901001 ОГРН 1073811003221 Р/с 40702810110000700937 в АО "ТИНЬКОФФ БАНК"  
БИК 044525974 Кор. Счет 30101810145250000974

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**Price includes**

- English-speaking guide
- Accommodation as per itinerary
- Transport as per itinerary
- Meals
- Excursions and visits as per itinerary
- Reserves and national parks entrance permissions
- Tent rental
- Banya
- Ice studs for shoes

**Price does not include**

- Medical insurance
- Administrative registration
- Personal expenses and tips
- Visa fees and travel insurance
- Transfer from airport / railway station on first day
- Transfer to airport / railway station on last day
- Airline tickets

**Checklist & Equipment**

You will need in Russia in winter:

- to protect yourself from the cold weather;
- to protect yourself from the wind;
- to protect your feet from moisture;
- to protect yourself from the sun's reflection from ice and snow.

Allow the system of "three layers":

- The first layer, called "second skin", determines the performance of the other two layers. It will transport sweat to the next layer and dry quickly to avoid cooling after exercise. Therefore forget the cotton retains moisture in the skin and choose underwear in synthetic fabrics.
- The second layer must keep the heat of the body as long as possible. Warm synthetic or mixed (wool or fleece turtleneck sweater) fabrics, that dry quickly, are preferable.
- The third layer should protect you against wind and moisture. Choose a jacket, long enough, 100% waterproof, preferably with hood.

Crampons for walking on ice will be provided on the spot.

We recommend you to pack all your stuff in two bags: a small backpack and a large travelling bag.

**SMALL BACKPACK:** will be useful for carrying your personal belongings during the day (camera, film, personal medication, bottled water, etc.) You will also use it as hand luggage during air travel for all your heavy (to lighten the travel bag in the luggage compartment), fragile (camera, etc.) and necessary (toilet bag, etc.) things.

**BIG BACKPACK:** must contain the rest of your stuff. It will be in the luggage compartment during the flight. You will bring it during some days of the trekking.

**Recommended checklist**

Universal AC power outlet  
Thermal underwear  
Large 60 litres backpack  
POLARTEC or similar pullover  
Windproof waterproof pants and jacket (GORE-TEX, EVENT, SIMPA-TEX)  
Trekking pants  
Long sleeve shirts or sweatshirts  
Sunscreen for skin and lips  
Sunglasses with filter  
Toilet roll  
Pocket knife (to put in checked baggage)  
Sewing kit

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Down jacket  
Fleece jacket or warm sweater  
Comfortable pants  
Mountain boots for walking on ice and snow  
Thick socks  
Wool gloves and winter cap  
Warm gloves or mittens  
Moisturizer  
Lipstick  
Towel

Important travel documents: Passport and visa, original or electronic airplane tickets (with a sets of photocopies kept separately), bank card  
Wipes  
Wristwatch or pocket alarm clock  
Charger and spare battery for camera/phone  
Photo / video camera  
Tour vouchers and programme  
Down sleeping bag rated from -30°C to -20°C

## Meals

At restaurants and homestays in cities, traditional cuisine consists of local specialties.  
Cold lunch and hot dinner, cooked on an open fire in the evening.  
If you are a vegetarian or have any particular preferences, please let us know, so we could adapt the menu.

## Laundry

Some hotels and inns offer laundry services for a variable sum of money. It is sometimes possible to use laundry services at homestay (when there is running water) for a fee.

## Visa

You need a tourist visa to travel to Russia. It can be issued for a maximum period of 30 days. Your passport has to be valid for at least six months after the expiry date of your visa and to have at least two blank pages.

BaikalNature offers visa support and has created "BaikalNature letter of invitation" package. If you buy a BaikalNature tour, this package is absolutely free; when you buy any other BaikalNature service, you will have to pay for this package.  
For more information please contact your nearest Russian Embassy or Visa Application Center.

## Money

The Russian currency is ruble. In all cities and many large villages of Russia, you can easily withdraw rubles, using a Visa or MasterCard, from ATMs, located in banks, department stores or hotel lobbies, some of them are open 24 hours a day. If you have euros or dollars with you, exchange offices will allow you to change them easily in the cities, seldom in the countryside. However, it can be difficult to exchange traveler's checks, even in cities.

## Tipping

All persons who compose the BaikalNature travel team (guides, drivers, cooks, etc.) are paid a decent wage for their services and do not expect any tips from you. So you have no obligation to leave anything. If you really want to express your satisfaction by leaving a gratuity, and if it is in foreign currency, be aware that torn or glued coins and banknotes cannot be exchanged. Anyway, thank you for your tips, left at your discretion in envelopes.

## Health

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No compulsory vaccination.

You need to get a health examination before a great trip. Consult your doctor. Get a dental checkup. If you have health problems that could worsen during the trip, make sure you have taken all your medications with you.

Provide a first aid kit that includes among other items:

- aspirin or paracetamol,
- anti-diarrheal pills,
- antiseptic,
- adhesive plaster,
- sterile pads.

If you have individual diseases, make sure you have taken your medications.

### Emergency Contact

You can contact BaikalNature by phone: +73952 26 56 94.

In addition, your call will be forwarded to your manager, reachable 7/7.

### Legal Mentions

Professional Guarantees: BaikalNature LLC (ООО "БайкалНейче"), United Federal Register of Tour Operators number: RTO 009402.

Financial Guarantee: "Gaide insurance company" JSC (АО "Страховая компания Гайде"). Insurance contract N 7890/22-49 from September 19, 2022. Amount of coverage: 500 000 RUB. Legal and actual address: BaikalNature LLC, 55 Dekabrskikh Sobyti Str., office 405.2 664007 Irkutsk Russia

### Travel Insurance

In addition to your personal insurance, you have an opportunity to purchase local insurance. Please, do not hesitate to ask us about our services.

### Security

The travelers' security is our primary aim and also the long-term reputation of our travel agency. First-aid kit, adapted for this tour, is available at your guide.

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